

geslacht	leeftijd	stijl	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	8	RS 50m	00:52.50	00:51.90	00:51.30	00:50.60	00:50.00	00:49.40	00:48.70	00:48.10	00:47.50	00:46.90	00:46.20	00:45.60	00:45.00	00:44.30	00:43.70	00:43.10	00:42.50	00:41.80	00:41.20	00:40.60
M	8	RS 100m	01:56.70	01:55.30	01:53.90	01:52.50	01:51.10	01:49.70	01:48.30	01:46.90	01:45.50	01:44.10	01:42.70	01:41.30	01:39.90	01:38.60	01:37.20	01:35.80	01:34.40	01:33.00	01:31.60	01:30.20
M	8	RS 200m	04:17.30	04:14.20	04:11.10	04:08.00	04:05.00	04:01.90	03:58.80	03:55.70	03:52.70	03:49.60	03:46.50	03:43.40	03:40.40	03:37.30	03:34.20	03:31.10	03:28.10	03:25.00	03:21.90	03:18.80
M	8	SS 50m	00:59.20	00:58.50	00:57.80	00:57.10	00:56.40	00:55.60	00:54.90	00:54.20	00:53.50	00:52.80	00:52.10	00:51.40	00:50.70	00:50.00	00:49.30	00:48.60	00:47.90	00:47.20	00:46.50	00:45.70
M	8	SS 100m	02:13.10	02:11.50	02:09.90	02:08.30	02:06.70	02:05.10	02:03.50	02:01.90	02:00.30	01:58.80	01:57.20	01:55.60	01:54.00	01:52.40	01:50.80	01:49.20	01:47.60	01:46.00	01:44.40	01:42.80
M	8	SS 200m	04:53.00	04:49.50	04:46.00	04:42.50	04:39.00	04:35.50	04:32.00	04:28.50	04:25.00	04:21.40	04:17.90	04:14.40	04:10.90	04:07.40	04:03.90	04:00.40	03:56.90	03:53.40	03:49.90	03:46.40
M	8	VL 50m	00:51.70	00:51.10	00:50.50	00:49.80	00:49.20	00:48.60	00:48.00	00:47.40	00:46.80	00:46.10	00:45.50	00:44.90	00:44.30	00:43.70	00:43.10	00:42.40	00:41.80	00:41.20	00:40.60	00:40.00
M	8	VL 100m	02:05.50	02:04.00	02:02.50	02:01.00	01:59.50	01:58.00	01:56.50	01:55.00	01:53.50	01:52.00	01:50.50	01:49.00	01:47.50	01:46.00	01:44.50	01:43.00	01:41.50	01:40.00	01:38.50	01:37.00
M	8	VL 200m	04:48.70	04:45.20	04:41.80	04:38.30	04:34.90	04:31.40	04:28.00	04:24.50	04:21.10	04:17.60	04:14.20	04:10.70	04:07.30	04:03.80	04:00.40	03:56.90	03:53.50	03:50.00	03:46.60	03:43.10
M	8	VS 50m	00:44.00	00:43.50	00:42.90	00:42.40	00:41.90	00:41.40	00:40.80	00:40.30	00:39.80	00:39.30	00:38.70	00:38.20	00:37.70	00:37.20	00:36.60	00:36.10	00:35.60	00:35.10	00:34.50	00:34.00
M	8	VS 100m	01:44.30	01:43.00	01:41.80	01:40.50	01:39.30	01:38.00	01:36.80	01:35.50	01:34.30	01:33.00	01:31.80	01:30.60	01:29.30	01:28.10	01:26.80	01:25.60	01:24.30	01:23.10	01:21.80	01:20.60
M	8	VS 200m	03:52.20	03:49.50	03:46.70	03:43.90	03:41.10	03:38.40	03:35.60	03:32.80	03:30.00	03:27.30	03:24.50	03:21.70	03:18.90	03:16.10	03:13.40	03:10.60	03:07.80	03:05.00	03:02.30	02:59.50
M	8	VS 400m	08:22.00	08:16.00	08:10.00	08:04.00	07:58.00	07:52.00	07:46.00	07:40.00	07:34.00	07:28.00	07:22.00	07:16.00	07:10.00	07:04.00	06:58.00	06:52.00	06:46.00	06:40.00	06:34.00	06:28.00
M	8	VS 800m	17:34.20	17:21.60	17:09.00	16:56.40	16:43.80	16:31.20	16:18.60	16:06.00	15:53.40	15:40.80	15:28.20	15:15.60	15:03.00	14:50.40	14:37.80	14:25.20	14:12.60	14:00.00	13:47.40	13:34.80
M	8	VS1500m	33:28.10	33:04.10	32:40.10	32:16.10	31:52.10	31:28.10	31:04.10	30:40.10	30:16.10	29:52.10	29:28.10	29:04.10	28:40.10	28:16.10	27:52.10	27:28.10	27:04.10	26:40.10	26:16.10	25:52.10
M	8	WS 200m	04:23.50	04:20.40	04:17.20	04:14.10	04:10.90	04:07.80	04:04.60	04:01.50	03:58.30	03:55.20	03:52.00	03:48.90	03:45.70	03:42.60	03:39.40	03:36.30	03:33.10	03:30.00	03:26.80	03:23.70
M	8	WS 400m	09:31.00	09:24.20	09:17.30	09:10.50	09:03.70	08:56.90	08:50.00	08:43.20	08:36.40	08:29.60	08:22.70	08:15.90	08:09.10	08:02.30	07:55.40	07:48.60	07:41.80	07:35.00	07:28.10	07:21.30
V	8	RS 50m	00:54.10	00:53.50	00:52.80	00:52.20	00:51.50	00:50.90	00:50.20	00:49.60	00:48.90	00:48.30	00:47.60	00:47.00	00:46.40	00:45.70	00:45.10	00:44.40	00:43.80	00:43.10	00:42.50	00:41.80
V	8	RS 100m	01:59.80	01:58.30	01:56.90	01:55.50	01:54.10	01:52.60	01:51.20	01:49.80	01:48.30	01:46.90	01:45.50	01:44.00	01:42.60	01:41.20	01:39.70	01:38.30	01:36.90	01:35.40	01:34.00	01:32.60
V	8	RS 200m	04:18.00	04:14.90	04:11.80	04:08.70	04:05.60	04:02.60	03:59.50	03:56.40	03:53.30	03:50.20	03:47.10	03:44.10	03:41.00	03:37.90	03:34.80	03:31.70	03:28.60	03:25.60	03:22.50	03:19.40
V	8	SS 50m	00:58.00	00:57.30	00:56.60	00:55.90	00:55.20	00:54.50	00:53.80	00:53.10	00:52.40	00:51.70	00:51.00	00:50.40	00:49.70	00:49.00	00:48.30	00:47.60	00:46.90	00:46.20	00:45.50	00:44.80
V	8	SS 100m	02:09.80	02:08.20	02:06.70	02:05.10	02:03.60	02:02.00	02:00.50	01:58.90	01:57.40	01:55.80	01:54.30	01:52.70	01:51.20	01:49.60	01:48.10	01:46.50	01:45.00	01:43.40	01:41.90	01:40.30
V	8	SS 200m	04:49.30	04:45.90	04:42.40	04:39.00	04:35.50	04:32.00	04:28.60	04:25.10	04:21.70	04:18.20	04:14.70	04:11.30	04:07.80	04:04.40	04:00.90	03:57.50	03:54.00	03:50.50	03:47.10	03:43.60
V	8	VL 50m	00:52.30	00:51.70	00:51.10	00:50.40	00:49.80	00:49.20	00:48.60	00:47.90	00:47.30	00:46.70	00:46.10	00:45.40	00:44.80	00:44.20	00:43.60	00:42.90	00:42.30	00:41.70	00:41.10	00:40.40
V	8	VL 100m	02:03.00	02:01.50	02:00.00	01:58.60	01:57.10	01:55.60	01:54.20	01:52.70	01:51.20	01:49.80	01:48.30	01:46.80	01:45.30	01:43.90	01:42.40	01:40.90	01:39.50	01:38.00	01:36.50	01:35.10
V	8	VL 200m	04:29.80	04:26.60	04:23.40	04:20.10	04:16.90	04:13.70	04:10.50	04:07.20	04:04.00	04:00.80	03:57.60	03:54.30	03:51.10	03:47.90	03:44.70	03:41.40	03:38.20	03:35.00	03:31.80	03:28.50
V	8	VS 50m	00:46.20	00:45.70	00:45.10	00:44.60	00:44.00	00:43.40	00:42.90	00:42.30	00:41.80	00:41.20	00:40.70	00:40.10	00:39.60	00:39.00	00:38.50	00:37.90	00:37.40	00:36.80	00:36.30	00:35.70
V	8	VS 100m	01:44.10	01:42.80	01:41.60	01:40.40	01:39.10	01:37.90	01:36.60	01:35.40	01:34.10	01:32.90	01:31.60	01:30.40	01:29.20	01:27.90	01:26.70	01:25.40	01:24.20	01:22.90	01:21.70	01:20.50
V	8	VS 200m	03:45.80	03:43.10	03:40.40	03:37.70	03:35.00	03:32.30	03:29.60	03:26.90	03:24.20	03:21.50	03:18.80	03:16.10	03:13.40	03:10.70	03:08.00	03:05.30	03:02.60	02:59.90	02:57.20	02:54.50
V	8	VS 400m	07:56.90	07:51.20	07:45.50	07:39.80	07:34.10	07:28.40	07:22.70	07:17.00	07:11.30	07:05.60	06:59.90	06:54.20	06:48.50	06:42.80	06:37.10	06:31.40	06:25.70	06:20.00	06:14.30	06:08.60
V	8	VS 800m	16:44.00	16:32.00	16:20.00	16:08.00	15:56.00	15:44.00	15:32.00	15:20.00	15:08.00	14:56.00	14:44.00	14:32.00	14:20.00	14:08.00	13:56.00	13:44.00	13:32.00	13:20.00	13:08.00	12:56.00
V	8	VS1500m	31:47.70	31:24.90	31:02.10	30:39.30	30:16.50	29:53.70	29:30.90	29:08.10	28:45.30	28:22.50	27:59.70	27:36.90	27:14.10	26:51.30	26:28.50	26:05.70	25:42.90	25:20.10	24:57.30	24:34.50
V	8	WS 200m	04:22.10	04:19.00	04:15.80	04:12.70	04:09.60	04:06.40	04:03.30	04:00.20	03:57.00	03:53.90	03:50.80	03:47.60	03:44.50	03:41.40	03:38.20	03:35.10	03:32.00	03:28.80	03:25.70	03:22.60
V	8	WS 400m	09:31.00	09:24.20	09:17.40	09:10.60	09:03.70	08:56.90	08:50.10	08:43.30	08:36.40	08:29.60	08:22.80	08:16.00	08:09.10	08:02.30	07:55.50	07:48.70	07:41.80	07:35.00	07:28.20	07:21.40

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	9	RS 50m	00:49.10	00:48.50	00:47.90	00:47.40	00:46.80	00:46.20	00:45.60	00:45.00	00:44.40	00:43.80	00:43.20	00:42.70	00:42.10	00:41.50	00:40.90	00:40.30	00:39.70	00:39.10	00:38.60	00:38.00
M	9	RS 100m	01:47.40	01:46.10	01:44.90	01:43.60	01:42.30	01:41.00	01:39.70	01:38.40	01:37.20	01:35.90	01:34.60	01:33.30	01:32.00	01:30.70	01:29.40	01:28.20	01:26.90	01:25.60	01:24.30	01:23.00
M	9	RS 200m	03:56.60	03:53.80	03:50.90	03:48.10	03:45.30	03:42.40	03:39.60	03:36.80	03:34.00	03:31.10	03:28.30	03:25.50	03:22.70	03:19.80	03:17.00	03:14.20	03:11.30	03:08.50	03:05.70	03:02.90
M	9	SS 50m	00:54.50	00:53.80	00:53.20	00:52.50	00:51.90	00:51.20	00:50.60	00:49.90	00:49.30	00:48.60	00:48.00	00:47.30	00:46.70	00:46.00	00:45.40	00:44.70	00:44.10	00:43.40	00:42.80	00:42.10
M	9	SS 100m	02:00.80	01:59.40	01:57.90	01:56.50	01:55.00	01:53.60	01:52.10	01:50.70	01:49.30	01:47.80	01:46.40	01:44.90	01:43.50	01:42.00	01:40.60	01:39.10	01:37.70	01:36.30	01:34.80	01:33.40
M	9	SS 200m	04:27.50	04:24.30	04:21.10	04:17.90	04:14.70	04:11.50	04:08.30	04:05.10	04:01.90	03:58.70	03:55.50	03:52.40	03:49.20	03:46.00	03:42.80	03:39.60	03:36.40	03:33.20	03:30.00	03:26.80
M	9	VL 50m	00:47.00	00:46.40	00:45.90	00:45.30	00:44.70	00:44.20	00:43.60	00:43.10	00:42.50	00:41.90	00:41.40	00:40.80	00:40.30	00:39.70	00:39.10	00:38.60	00:38.00	00:37.40	00:36.90	00:36.30
M	9	VL 100m	01:53.10	01:51.70	01:50.40	01:49.00	01:47.70	01:46.30	01:45.00	01:43.60	01:42.30	01:40.90	01:39.60	01:38.20	01:36.90	01:35.50	01:34.20	01:32.80	01:31.50	01:30.10	01:28.80	01:27.40
M	9	VL 200m	04:21.00	04:17.90	04:14.80	04:11.70	04:08.60	04:05.40	04:02.30	03:59.20	03:56.10	03:53.00	03:49.80	03:46.70	03:43.60	03:40.50	03:37.40	03:34.20	03:31.10	03:28.00	03:24.90	03:21.80
M	9	VS 50m	00:41.30	00:40.80	00:40.30	00:39.80	00:39.30	00:38.80	00:38.30	00:37.80	00:37.30	00:36.80	00:36.30	00:35.80	00:35.40	00:34.90	00:34.40	00:33.90	00:33.40	00:32.90	00:32.40	00:31.90
M	9	VS 100m	01:32.30	01:31.20	01:30.10	01:29.00	01:27.90	01:26.80	01:25.70	01:24.60	01:23.50	01:22.30	01:21.20	01:20.10	01:19.00	01:17.90	01:16.80	01:15.70	01:14.60	01:13.50	01:12.40	01:11.30
M	9	VS 200m	03:27.70	03:25.20	03:22.80	03:20.30	03:17.80	03:15.30	03:12.80	03:10.30	03:07.90	03:05.40	03:02.90	03:00.40	02:57.90	02:55.50	02:53.00	02:50.50	02:48.00	02:45.50	02:43.00	02:40.60
M	9	VS 400m	07:22.80	07:17.50	07:12.20	07:06.90	07:01.60	06:56.30	06:51.00	06:45.70	06:40.40	06:35.20	06:29.90	06:24.60	06:19.30	06:14.00	06:08.70	06:03.40	05:58.10	05:52.80	05:47.50	05:42.20
M	9	VS 800m	15:41.30	15:30.00	15:18.80	15:07.50	14:56.30	14:45.00	14:33.80	14:22.50	14:11.30	14:00.00	13:48.80	13:37.50	13:26.30	13:15.00	13:03.80	12:52.50	12:41.30	12:30.00	12:18.80	12:07.50
M	9	VS1500m	29:42.10	29:20.80	28:59.50	28:38.20	28:16.90	27:55.60	27:34.30	27:13.00	26:51.70	26:30.40	26:09.10	25:47.80	25:26.50	25:05.20	24:43.90	24:22.60	24:01.30	23:40.00	23:18.70	22:57.40
M	9	WS 200m	03:51.70	03:48.90	03:46.10	03:43.40	03:40.60	03:37.80	03:35.10	03:32.30	03:29.50	03:26.70	03:24.00	03:21.20	03:18.40	03:15.70	03:12.90	03:10.10	03:07.40	03:04.60	03:01.80	02:59.10
M	9	WS 400m	08:34.60	08:28.40	08:22.30	08:16.10	08:10.00	08:03.80	07:57.70	07:51.50	07:45.40	07:39.20	07:33.10	07:26.90	07:20.80	07:14.60	07:08.50	07:02.30	06:56.20	06:50.00	06:43.90	06:37.70
V	9	RS 50m	00:49.50	00:48.90	00:48.30	00:47.80	00:47.20	00:46.60	00:46.00	00:45.40	00:44.80	00:44.20	00:43.60	00:43.00	00:42.40	00:41.80	00:41.20	00:40.70	00:40.10	00:39.50	00:38.90	00:38.30
V	9	RS 100m	01:47.00	01:45.70	01:44.50	01:43.20	01:41.90	01:40.60	01:39.30	01:38.10	01:36.80	01:35.50	01:34.20	01:32.90	01:31.70	01:30.40	01:29.10	01:27.80	01:26.50	01:25.30	01:24.00	01:22.70
V	9	RS 200m	03:52.30	03:49.50	03:46.70	03:44.00	03:41.20	03:38.40	03:35.60	03:32.90	03:30.10	03:27.30	03:24.50	03:21.70	03:19.00	03:16.20	03:13.40	03:10.60	03:07.90	03:05.10	03:02.30	02:59.50
V	9	SS 50m	00:54.00	00:53.30	00:52.70	00:52.00	00:51.40	00:50.70	00:50.10	00:49.50	00:48.80	00:48.20	00:47.50	00:46.90	00:46.20	00:45.60	00:44.90	00:44.30	00:43.60	00:43.00	00:42.40	00:41.70
V	9	SS 100m	02:00.60	01:59.20	01:57.80	01:56.30	01:54.90	01:53.40	01:52.00	01:50.50	01:49.10	01:47.70	01:46.20	01:44.80	01:43.30	01:41.90	01:40.50	01:39.00	01:37.60	01:36.10	01:34.70	01:33.20
V	9	SS 200m	04:20.20	04:17.10	04:14.00	04:10.90	04:07.80	04:04.70	04:01.60	03:58.50	03:55.40	03:52.30	03:49.10	03:46.00	03:42.90	03:39.80	03:36.70	03:33.60	03:30.50	03:27.40	03:24.30	03:21.10
V	9	VL 50m	00:45.80	00:45.30	00:44.70	00:44.20	00:43.60	00:43.10	00:42.50	00:42.00	00:41.50	00:40.90	00:40.40	00:39.80	00:39.30	00:38.70	00:38.20	00:37.60	00:37.10	00:36.50	00:36.00	00:35.40
V	9	VL 100m	01:47.90	01:46.60	01:45.40	01:44.10	01:42.80	01:41.50	01:40.20	01:38.90	01:37.60	01:36.30	01:35.00	01:33.70	01:32.50	01:31.20	01:29.90	01:28.60	01:27.30	01:26.00	01:24.70	01:23.40
V	9	VL 200m	04:04.70	04:01.80	03:58.90	03:55.90	03:53.00	03:50.10	03:47.20	03:44.20	03:41.30	03:38.40	03:35.50	03:32.50	03:29.60	03:26.70	03:23.80	03:20.80	03:17.90	03:15.00	03:12.10	03:09.10
V	9	VS 50m	00:41.00	00:40.50	00:40.00	00:39.50	00:39.00	00:38.50	00:38.00	00:37.50	00:37.00	00:36.50	00:36.10	00:35.60	00:35.10	00:34.60	00:34.10	00:33.60	00:33.10	00:32.60	00:32.10	00:31.70
V	9	VS 100m	01:33.10	01:32.00	01:30.90	01:29.80	01:28.70	01:27.50	01:26.40	01:25.30	01:24.20	01:23.10	01:22.00	01:20.90	01:19.80	01:18.60	01:17.50	01:16.40	01:15.30	01:14.20	01:13.10	01:12.00
V	9	VS 200m	03:27.20	03:24.70	03:22.20	03:19.70	03:17.30	03:14.80	03:12.30	03:09.80	03:07.40	03:04.90	03:02.40	02:59.90	02:57.50	02:55.00	02:52.50	02:50.00	02:47.50	02:45.10	02:42.60	02:40.10
V	9	VS 400m	07:07.60	07:02.50	06:57.40	06:52.20	06:47.10	06:42.00	06:36.90	06:31.80	06:26.70	06:21.60	06:16.50	06:11.40	06:06.30	06:01.10	05:56.00	05:50.90	05:45.80	05:40.70	05:35.60	05:30.50
V	9	VS 800m	14:51.10	14:40.40	14:29.80	14:19.10	14:08.50	13:57.80	13:47.20	13:36.50	13:25.90	13:15.20	13:04.60	12:53.90	12:43.30	12:32.60	12:22.00	12:11.30	12:00.70	11:50.00	11:39.40	11:28.70
V	9	VS1500m	29:29.50	29:08.30	28:47.20	28:26.00	28:04.90	27:43.70	27:22.60	27:01.40	26:40.30	26:19.10	25:58.00	25:36.80	25:15.70	24:54.50	24:33.40	24:12.20	23:51.10	23:29.90	23:08.80	22:47.60
V	9	WS 200m	03:50.40	03:47.60	03:44.90	03:42.10	03:39.40	03:36.60	03:33.90	03:31.10	03:28.40	03:25.60	03:22.80	03:20.10	03:17.30	03:14.60	03:11.80	03:09.10	03:06.30	03:03.60	03:00.80	02:58.10
V	9	WS 400m	08:29.50	08:23.40	08:17.30	08:11.20	08:05.20	07:59.10	07:53.00	07:46.90	07:40.80	07:34.70	07:28.60	07:22.50	07:16.40	07:10.30	07:04.30	06:58.20	06:52.10	06:46.00	06:39.90	06:33.80

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	10	RS 50m	00:45.20	00:44.70	00:44.10	00:43.60	00:43.00	00:42.50	00:42.00	00:41.40	00:40.90	00:40.30	00:39.80	00:39.30	00:38.70	00:38.20	00:37.60	00:37.10	00:36.60	00:36.00	00:35.50	00:34.90
M	10	RS 100m	01:37.50	01:36.30	01:35.20	01:34.00	01:32.80	01:31.70	01:30.50	01:29.30	01:28.20	01:27.00	01:25.80	01:24.70	01:23.50	01:22.30	01:21.20	01:20.00	01:18.80	01:17.70	01:16.50	01:15.30
M	10	RS 200m	03:29.30	03:26.80	03:24.30	03:21.80	03:19.30	03:16.80	03:14.30	03:11.80	03:09.30	03:06.80	03:04.30	03:01.80	02:59.30	02:56.80	02:54.30	02:51.80	02:49.30	02:46.80	02:44.30	02:41.80
M	10	SS 50m	00:50.50	00:49.90	00:49.30	00:48.70	00:48.10	00:47.50	00:46.90	00:46.30	00:45.70	00:45.00	00:44.40	00:43.80	00:43.20	00:42.60	00:42.00	00:41.40	00:40.80	00:40.20	00:39.60	00:39.00
M	10	SS 100m	01:52.30	01:51.00	01:49.60	01:48.30	01:47.00	01:45.60	01:44.30	01:42.90	01:41.60	01:40.20	01:38.90	01:37.60	01:36.20	01:34.90	01:33.50	01:32.20	01:30.80	01:29.50	01:28.20	01:26.80
M	10	SS 200m	04:02.50	03:59.60	03:56.70	03:53.80	03:50.90	03:48.00	03:45.10	03:42.20	03:39.30	03:36.40	03:33.50	03:30.60	03:27.70	03:24.80	03:21.90	03:19.00	03:16.10	03:13.20	03:10.30	03:07.40
M	10	VL 50m	00:43.00	00:42.50	00:42.00	00:41.50	00:41.00	00:40.50	00:40.00	00:39.40	00:38.90	00:38.40	00:37.90	00:37.40	00:36.90	00:36.40	00:35.80	00:35.30	00:34.80	00:34.30	00:33.80	00:33.30
M	10	VL 100m	01:39.20	01:38.00	01:36.80	01:35.60	01:34.40	01:33.20	01:32.10	01:30.90	01:29.70	01:28.50	01:27.30	01:26.10	01:24.90	01:23.80	01:22.60	01:21.40	01:20.20	01:19.00	01:17.80	01:16.70
M	10	VL 200m	03:57.20	03:54.40	03:51.50	03:48.70	03:45.90	03:43.00	03:40.20	03:37.40	03:34.50	03:31.70	03:28.90	03:26.00	03:23.20	03:20.30	03:17.50	03:14.70	03:11.80	03:09.00	03:06.20	03:03.30
M	10	VS 50m	00:38.40	00:38.00	00:37.50	00:37.10	00:36.60	00:36.10	00:35.70	00:35.20	00:34.80	00:34.30	00:33.80	00:33.40	00:32.90	00:32.50	00:32.00	00:31.50	00:31.10	00:30.60	00:30.20	00:29.70
M	10	VS 100m	01:26.00	01:24.90	01:23.90	01:22.90	01:21.90	01:20.80	01:19.80	01:18.80	01:17.70	01:16.70	01:15.70	01:14.70	01:13.60	01:12.60	01:11.60	01:10.60	01:09.50	01:08.50	01:07.50	01:06.40
M	10	VS 200m	03:08.20	03:06.00	03:03.70	03:01.50	02:59.20	02:57.00	02:54.70	02:52.50	02:50.20	02:48.00	02:45.70	02:43.50	02:41.20	02:39.00	02:36.70	02:34.50	02:32.20	02:30.00	02:27.70	02:25.50
M	10	VS 400m	06:32.20	06:27.50	06:22.80	06:18.10	06:13.40	06:08.80	06:04.10	05:59.40	05:54.70	05:50.00	05:45.30	05:40.60	05:35.90	05:31.30	05:26.60	05:21.90	05:17.20	05:12.50	05:07.80	05:03.10
M	10	VS 800m	14:03.00	13:52.90	13:42.90	13:32.80	13:22.70	13:12.60	13:02.60	12:52.50	12:42.40	12:32.30	12:22.30	12:12.20	12:02.10	11:52.00	11:42.00	11:31.90	11:21.80	11:11.70	11:01.70	10:51.60
M	10	VS1500m	26:20.30	26:01.50	25:42.60	25:23.70	25:04.80	24:45.90	24:27.00	24:08.10	23:49.20	23:30.40	23:11.50	22:52.60	22:33.70	22:14.80	21:55.90	21:37.00	21:18.10	20:59.20	20:40.40	20:21.50
M	10	WS 200m	03:29.80	03:27.30	03:24.80	03:22.30	03:19.80	03:17.30	03:14.70	03:12.20	03:09.70	03:07.20	03:04.70	03:02.20	02:59.70	02:57.20	02:54.70	02:52.20	02:49.70	02:47.20	02:44.70	02:42.20
M	10	WS 400m	07:47.40	07:41.80	07:36.20	07:30.60	07:25.00	07:19.50	07:13.90	07:08.30	07:02.70	06:57.10	06:51.50	06:45.90	06:40.30	06:34.80	06:29.20	06:23.60	06:18.00	06:12.40	06:06.80	06:01.20
V	10	RS 50m	00:45.00	00:44.50	00:43.90	00:43.40	00:42.80	00:42.30	00:41.80	00:41.20	00:40.70	00:40.20	00:39.60	00:39.10	00:38.50	00:38.00	00:37.50	00:36.90	00:36.40	00:35.90	00:35.30	00:34.80
V	10	RS 100m	01:38.60	01:37.40	01:36.30	01:35.10	01:33.90	01:32.70	01:31.60	01:30.40	01:29.20	01:28.00	01:26.80	01:25.70	01:24.50	01:23.30	01:22.10	01:20.90	01:19.80	01:18.60	01:17.40	01:16.20
V	10	RS 200m	03:33.10	03:30.50	03:28.00	03:25.40	03:22.90	03:20.30	03:17.80	03:15.20	03:12.70	03:10.20	03:07.60	03:05.10	03:02.50	03:00.00	02:57.40	02:54.90	02:52.30	02:49.80	02:47.20	02:44.70
V	10	SS 50m	00:49.70	00:49.10	00:48.50	00:47.90	00:47.30	00:46.70	00:46.10	00:45.50	00:44.90	00:44.30	00:43.70	00:43.20	00:42.60	00:42.00	00:41.40	00:40.80	00:40.20	00:39.60	00:39.00	00:38.40
V	10	SS 100m	01:49.50	01:48.20	01:46.90	01:45.60	01:44.30	01:43.00	01:41.60	01:40.30	01:39.00	01:37.70	01:36.40	01:35.10	01:33.80	01:32.50	01:31.20	01:29.90	01:28.60	01:27.20	01:25.90	01:24.60
V	10	SS 200m	03:54.30	03:51.50	03:48.70	03:45.90	03:43.10	03:40.30	03:37.50	03:34.70	03:31.90	03:29.10	03:26.30	03:23.50	03:20.70	03:17.90	03:15.10	03:12.30	03:09.50	03:06.70	03:03.90	03:01.10
V	10	VL 50m	00:42.20	00:41.70	00:41.20	00:40.70	00:40.20	00:39.70	00:39.20	00:38.70	00:38.20	00:37.70	00:37.20	00:36.70	00:36.20	00:35.70	00:35.20	00:34.70	00:34.20	00:33.70	00:33.20	00:32.60
V	10	VL 100m	01:35.40	01:34.20	01:33.10	01:32.00	01:30.80	01:29.70	01:28.50	01:27.40	01:26.30	01:25.10	01:24.00	01:22.80	01:21.70	01:20.60	01:19.40	01:18.30	01:17.10	01:16.00	01:14.90	01:13.70
V	10	VL 200m	03:40.90	03:38.30	03:35.60	03:33.00	03:30.40	03:27.70	03:25.10	03:22.40	03:19.80	03:17.20	03:14.50	03:11.90	03:09.20	03:06.60	03:03.90	03:01.30	02:58.70	02:56.00	02:53.40	02:50.70
V	10	VS 50m	00:38.80	00:38.30	00:37.90	00:37.40	00:36.90	00:36.50	00:36.00	00:35.50	00:35.10	00:34.60	00:34.10	00:33.70	00:33.20	00:32.80	00:32.30	00:31.80	00:31.40	00:30.90	00:30.40	00:30.00
V	10	VS 100m	01:25.80	01:24.80	01:23.80	01:22.80	01:21.70	01:20.70	01:19.70	01:18.70	01:17.60	01:16.60	01:15.60	01:14.50	01:13.50	01:12.50	01:11.50	01:10.40	01:09.40	01:08.40	01:07.40	01:06.30
V	10	VS 200m	03:09.10	03:06.80	03:04.60	03:02.30	03:00.00	02:57.80	02:55.50	02:53.30	02:51.00	02:48.70	02:46.50	02:44.20	02:42.00	02:39.70	02:37.40	02:35.20	02:32.90	02:30.70	02:28.40	02:26.10
V	10	VS 400m	06:35.30	06:30.60	06:25.90	06:21.10	06:16.40	06:11.70	06:07.00	06:02.20	05:57.50	05:52.80	05:48.10	05:43.30	05:38.60	05:33.90	05:29.20	05:24.40	05:19.70	05:15.00	05:10.30	05:05.50
V	10	VS 800m	13:41.10	13:31.30	13:21.50	13:11.60	13:01.80	12:52.00	12:42.20	12:32.40	12:22.60	12:12.80	12:02.90	11:53.10	11:43.30	11:33.50	11:23.70	11:13.90	11:04.10	10:54.20	10:44.40	10:34.60
V	10	VS1500m	27:24.00	27:04.40	26:44.70	26:25.10	26:05.40	25:45.80	25:26.10	25:06.50	24:46.80	24:27.20	24:07.50	23:47.90	23:28.20	23:08.60	22:48.90	22:29.30	22:09.60	21:50.00	21:30.30	21:10.70
V	10	WS 200m	03:32.10	03:29.50	03:27.00	03:24.50	03:21.90	03:19.40	03:16.90	03:14.30	03:11.80	03:09.30	03:06.70	03:04.20	03:01.70	02:59.10	02:56.60	02:54.10	02:51.50	02:49.00	02:46.50	02:43.90
V	10	WS 400m	07:28.30	07:23.00	07:17.60	07:12.20	07:06.90	07:01.50	06:56.20	06:50.80	06:45.50	06:40.10	06:34.70	06:29.40	06:24.00	06:18.70	06:13.30	06:07.90	06:02.60	05:57.20	05:51.90	05:46.50

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	11	RS 50m	00:42.70	00:42.20	00:41.70	00:41.10	00:40.60	00:40.10	00:39.60	00:39.10	00:38.60	00:38.10	00:37.60	00:37.10	00:36.60	00:36.00	00:35.50	00:35.00	00:34.50	00:34.00	00:33.50	00:33.00
M	11	RS 100m	01:32.60	01:31.50	01:30.40	01:29.30	01:28.20	01:27.10	01:26.00	01:24.90	01:23.80	01:22.70	01:21.50	01:20.40	01:19.30	01:18.20	01:17.10	01:16.00	01:14.90	01:13.80	01:12.70	01:11.60
M	11	RS 200m	03:19.90	03:17.50	03:15.10	03:12.80	03:10.40	03:08.00	03:05.60	03:03.20	03:00.80	02:58.40	02:56.00	02:53.60	02:51.30	02:48.90	02:46.50	02:44.10	02:41.70	02:39.30	02:36.90	02:34.50
M	11	SS 50m	00:47.10	00:46.50	00:45.90	00:45.40	00:44.80	00:44.20	00:43.70	00:43.10	00:42.60	00:42.00	00:41.40	00:40.90	00:40.30	00:39.70	00:39.20	00:38.60	00:38.10	00:37.50	00:36.90	00:36.40
M	11	SS 100m	01:44.80	01:43.50	01:42.30	01:41.00	01:39.80	01:38.50	01:37.30	01:36.00	01:34.80	01:33.50	01:32.30	01:31.00	01:29.80	01:28.50	01:27.30	01:26.00	01:24.80	01:23.50	01:22.20	01:21.00
M	11	SS 200m	03:46.50	03:43.80	03:41.10	03:38.40	03:35.70	03:33.00	03:30.30	03:27.60	03:24.90	03:22.20	03:19.40	03:16.70	03:14.00	03:11.30	03:08.60	03:05.90	03:03.20	03:00.50	02:57.80	02:55.10
M	11	VL 50m	00:40.20	00:39.70	00:39.20	00:38.80	00:38.30	00:37.80	00:37.30	00:36.80	00:36.40	00:35.90	00:35.40	00:34.90	00:34.40	00:34.00	00:33.50	00:33.00	00:32.50	00:32.00	00:31.50	00:31.10
M	11	VL 100m	01:32.20	01:31.10	01:30.00	01:28.90	01:27.80	01:26.70	01:25.60	01:24.50	01:23.40	01:22.30	01:21.20	01:20.10	01:19.00	01:17.90	01:16.80	01:15.70	01:14.60	01:13.50	01:12.40	01:11.30
M	11	VL 200m	03:28.30	03:25.80	03:23.30	03:20.90	03:18.40	03:15.90	03:13.40	03:10.90	03:08.40	03:05.90	03:03.40	03:00.90	02:58.40	02:56.00	02:53.50	02:51.00	02:48.50	02:46.00	02:43.50	02:41.00
M	11	VS 50m	00:36.40	00:36.00	00:35.50	00:35.10	00:34.70	00:34.20	00:33.80	00:33.40	00:32.90	00:32.50	00:32.00	00:31.60	00:31.20	00:30.70	00:30.30	00:29.90	00:29.40	00:29.00	00:28.60	00:28.10
M	11	VS 100m	01:20.30	01:19.40	01:18.40	01:17.40	01:16.50	01:15.50	01:14.60	01:13.60	01:12.60	01:11.70	01:10.70	01:09.80	01:08.80	01:07.80	01:06.90	01:05.90	01:05.00	01:04.00	01:03.00	01:02.10
M	11	VS 200m	02:57.60	02:55.50	02:53.30	02:51.20	02:49.10	02:47.00	02:44.80	02:42.70	02:40.60	02:38.50	02:36.40	02:34.20	02:32.10	02:30.00	02:27.90	02:25.70	02:23.60	02:21.50	02:19.40	02:17.30
M	11	VS 400m	06:11.50	06:07.00	06:02.60	05:58.20	05:53.70	05:49.30	05:44.80	05:40.40	05:36.00	05:31.50	05:27.10	05:22.60	05:18.20	05:13.80	05:09.30	05:04.90	05:00.40	04:56.00	04:51.60	04:47.10
M	11	VS 800m	13:08.80	12:59.40	12:50.00	12:40.50	12:31.10	12:21.70	12:12.20	12:02.80	11:53.40	11:44.00	11:34.50	11:25.10	11:15.70	11:06.30	10:56.80	10:47.40	10:38.00	10:28.50	10:19.10	10:09.70
M	11	VS1500m	24:52.40	24:34.60	24:16.80	23:58.90	23:41.10	23:23.30	23:05.40	22:47.60	22:29.70	22:11.90	21:54.10	21:36.20	21:18.40	21:00.60	20:42.70	20:24.90	20:07.00	19:49.20	19:31.40	19:13.50
M	11	WS 200m	03:20.70	03:18.30	03:15.90	03:13.50	03:11.10	03:08.70	03:06.30	03:03.90	03:01.50	02:59.10	02:56.70	02:54.30	02:51.90	02:49.50	02:47.10	02:44.70	02:42.30	02:39.90	02:37.50	02:35.10
M	11	WS 400m	07:11.50	07:06.30	07:01.20	06:56.00	06:50.90	06:45.70	06:40.60	06:35.40	06:30.20	06:25.10	06:19.90	06:14.80	06:09.60	06:04.50	05:59.30	05:54.10	05:49.00	05:43.80	05:38.70	05:33.50
V	11	RS 50m	00:42.50	00:42.00	00:41.50	00:41.00	00:40.50	00:39.90	00:39.40	00:38.90	00:38.40	00:37.90	00:37.40	00:36.90	00:36.40	00:35.90	00:35.40	00:34.90	00:34.40	00:33.90	00:33.30	00:32.80
V	11	RS 100m	01:31.90	01:30.80	01:29.70	01:28.60	01:27.50	01:26.40	01:25.30	01:24.20	01:23.10	01:22.00	01:20.90	01:19.80	01:18.70	01:17.60	01:16.50	01:15.40	01:14.30	01:13.20	01:12.10	01:11.00
V	11	RS 200m	03:18.40	03:16.10	03:13.70	03:11.30	03:09.00	03:06.60	03:04.20	03:01.80	02:59.50	02:57.10	02:54.70	02:52.40	02:50.00	02:47.60	02:45.20	02:42.90	02:40.50	02:38.10	02:35.80	02:33.40
V	11	SS 50m	00:47.00	00:46.40	00:45.80	00:45.30	00:44.70	00:44.20	00:43.60	00:43.00	00:42.50	00:41.90	00:41.30	00:40.80	00:40.20	00:39.70	00:39.10	00:38.50	00:38.00	00:37.40	00:36.90	00:36.30
V	11	SS 100m	01:41.80	01:40.60	01:39.40	01:38.20	01:37.00	01:35.80	01:34.50	01:33.30	01:32.10	01:30.90	01:29.70	01:28.50	01:27.20	01:26.00	01:24.80	01:23.60	01:22.40	01:21.20	01:19.90	01:18.70
V	11	SS 200m	03:42.10	03:39.50	03:36.80	03:34.10	03:31.50	03:28.80	03:26.20	03:23.50	03:20.90	03:18.20	03:15.60	03:12.90	03:10.30	03:07.60	03:04.90	03:02.30	02:59.60	02:57.00	02:54.30	02:51.70
V	11	VL 50m	00:39.60	00:39.10	00:38.60	00:38.10	00:37.70	00:37.20	00:36.70	00:36.30	00:35.80	00:35.30	00:34.80	00:34.40	00:33.90	00:33.40	00:32.90	00:32.50	00:32.00	00:31.50	00:31.10	00:30.60
V	11	VL 100m	01:28.90	01:27.90	01:26.80	01:25.70	01:24.70	01:23.60	01:22.50	01:21.50	01:20.40	01:19.40	01:18.30	01:17.20	01:16.20	01:15.10	01:14.00	01:13.00	01:11.90	01:10.90	01:09.80	01:08.70
V	11	VL 200m	03:20.90	03:18.50	03:16.10	03:13.70	03:11.30	03:08.90	03:06.50	03:04.10	03:01.70	02:59.30	02:56.90	02:54.50	02:52.10	02:49.70	02:47.30	02:44.90	02:42.50	02:40.10	02:37.70	02:35.30
V	11	VS 50m	00:36.80	00:36.40	00:36.00	00:35.50	00:35.10	00:34.60	00:34.20	00:33.80	00:33.30	00:32.90	00:32.40	00:32.00	00:31.60	00:31.10	00:30.70	00:30.20	00:29.80	00:29.30	00:28.90	00:28.50
V	11	VS 100m	01:20.40	01:19.50	01:18.50	01:17.60	01:16.60	01:15.60	01:14.70	01:13.70	01:12.80	01:11.80	01:10.80	01:09.90	01:08.90	01:07.90	01:07.00	01:06.00	01:05.10	01:04.10	01:03.10	01:02.20
V	11	VS 200m	02:54.40	02:52.40	02:50.30	02:48.20	02:46.10	02:44.00	02:41.90	02:39.90	02:37.80	02:35.70	02:33.60	02:31.50	02:29.40	02:27.30	02:25.30	02:23.20	02:21.10	02:19.00	02:16.90	02:14.80
V	11	VS 400m	06:09.80	06:05.40	06:01.00	05:56.60	05:52.10	05:47.70	05:43.30	05:38.90	05:34.50	05:30.00	05:25.60	05:21.20	05:16.80	05:12.40	05:07.90	05:03.50	04:59.10	04:54.70	04:50.30	04:45.80
V	11	VS 800m	12:48.80	12:39.60	12:30.40	12:21.20	12:12.00	12:02.90	11:53.70	11:44.50	11:35.30	11:26.10	11:16.90	11:07.70	10:58.50	10:49.30	10:40.20	10:31.00	10:21.80	10:12.60	10:03.40	09:54.20
V	11	VS1500m	25:31.10	25:12.80	24:54.50	24:36.20	24:17.90	23:59.60	23:41.30	23:23.00	23:04.70	22:46.40	22:28.10	22:09.80	21:51.50	21:33.20	21:14.90	20:56.60	20:38.30	20:20.00	20:01.70	19:43.40
V	11	WS 200m	03:16.60	03:14.30	03:11.90	03:09.60	03:07.20	03:04.90	03:02.50	03:00.20	02:57.80	02:55.50	02:53.10	02:50.80	02:48.40	02:46.10	02:43.70	02:41.40	02:39.00	02:36.70	02:34.30	02:32.00
V	11	WS 400m	06:59.80	06:54.80	06:49.80	06:44.70	06:39.70	06:34.70	06:29.70	06:24.70	06:19.70	06:14.60	06:09.60	06:04.60	05:59.60	05:54.60	05:49.60	05:44.50	05:39.50	05:34.50	05:29.50	05:24.50

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	12	RS 50m	00:39.50	00:39.00	00:38.50	00:38.00	00:37.60	00:37.10	00:36.60	00:36.20	00:35.70	00:35.20	00:34.70	00:34.30	00:33.80	00:33.30	00:32.90	00:32.40	00:31.90	00:31.40	00:31.00	00:30.50
M	12	RS 100m	01:25.40	01:24.30	01:23.30	01:22.30	01:21.30	01:20.30	01:19.20	01:18.20	01:17.20	01:16.20	01:15.20	01:14.10	01:13.10	01:12.10	01:11.10	01:10.10	01:09.00	01:08.00	01:07.00	01:06.00
M	12	RS 200m	03:04.40	03:02.20	03:00.00	02:57.80	02:55.60	02:53.40	02:51.20	02:49.00	02:46.80	02:44.60	02:42.40	02:40.10	02:37.90	02:35.70	02:33.50	02:31.30	02:29.10	02:26.90	02:24.70	02:22.50
M	12	SS 50m	00:43.30	00:42.80	00:42.30	00:41.70	00:41.20	00:40.70	00:40.20	00:39.70	00:39.20	00:38.60	00:38.10	00:37.60	00:37.10	00:36.60	00:36.10	00:35.50	00:35.00	00:34.50	00:34.00	00:33.50
M	12	SS 100m	01:35.30	01:34.10	01:33.00	01:31.90	01:30.70	01:29.60	01:28.40	01:27.30	01:26.20	01:25.00	01:23.90	01:22.80	01:21.60	01:20.50	01:19.30	01:18.20	01:17.10	01:15.90	01:14.80	01:13.60
M	12	SS 200m	03:26.70	03:24.20	03:21.80	03:19.30	03:16.80	03:14.40	03:11.90	03:09.40	03:06.90	03:04.50	03:02.00	02:59.50	02:57.10	02:54.60	02:52.10	02:49.70	02:47.20	02:44.70	02:42.20	02:39.80
M	12	VL 50m	00:36.90	00:36.50	00:36.00	00:35.60	00:35.20	00:34.70	00:34.30	00:33.80	00:33.40	00:33.00	00:32.50	00:32.10	00:31.60	00:31.20	00:30.70	00:30.30	00:29.90	00:29.40	00:29.00	00:28.50
M	12	VL 100m	01:22.90	01:21.90	01:20.90	01:19.90	01:19.00	01:18.00	01:17.00	01:16.00	01:15.00	01:14.00	01:13.00	01:12.00	01:11.00	01:10.00	01:09.00	01:08.10	01:07.10	01:06.10	01:05.10	01:04.10
M	12	VL 200m	03:09.00	03:06.70	03:04.50	03:02.20	03:00.00	02:57.70	02:55.40	02:53.20	02:50.90	02:48.70	02:46.40	02:44.20	02:41.90	02:39.60	02:37.40	02:35.10	02:32.90	02:30.60	02:28.30	02:26.10
M	12	VS 50m	00:34.10	00:33.70	00:33.30	00:32.90	00:32.50	00:32.00	00:31.60	00:31.20	00:30.80	00:30.40	00:30.00	00:29.60	00:29.20	00:28.80	00:28.40	00:28.00	00:27.60	00:27.20	00:26.80	00:26.30
M	12	VS 100m	01:14.50	01:13.60	01:12.70	01:11.80	01:11.00	01:10.10	01:09.20	01:08.30	01:07.40	01:06.50	01:05.60	01:04.70	01:03.80	01:02.90	01:02.00	01:01.20	01:00.30	00:59.40	00:58.50	00:57.60
M	12	VS 200m	02:44.60	02:42.60	02:40.60	02:38.70	02:36.70	02:34.70	02:32.80	02:30.80	02:28.80	02:26.90	02:24.90	02:22.90	02:21.00	02:19.00	02:17.00	02:15.10	02:13.10	02:11.10	02:09.20	02:07.20
M	12	VS 400m	05:46.00	05:41.90	05:37.70	05:33.60	05:29.50	05:25.30	05:21.20	05:17.00	05:12.90	05:08.80	05:04.60	05:00.50	04:56.40	04:52.20	04:48.10	04:44.00	04:39.80	04:35.70	04:31.60	04:27.40
M	12	VS 800m	12:14.90	12:06.10	11:57.30	11:48.50	11:39.70	11:30.90	11:22.20	11:13.40	11:04.60	10:55.80	10:47.00	10:38.20	10:29.50	10:20.70	10:11.90	10:03.10	09:54.30	09:45.50	09:36.80	09:28.00
M	12	VS1500m	23:14.20	22:57.50	22:40.90	22:24.20	22:07.50	21:50.90	21:34.20	21:17.50	21:00.90	20:44.20	20:27.60	20:10.90	19:54.20	19:37.60	19:20.90	19:04.20	18:47.60	18:30.90	18:14.20	17:57.60
M	12	WS 200m	03:05.40	03:03.20	03:01.00	02:58.80	02:56.60	02:54.40	02:52.10	02:49.90	02:47.70	02:45.50	02:43.30	02:41.10	02:38.80	02:36.60	02:34.40	02:32.20	02:30.00	02:27.80	02:25.50	02:23.30
M	12	WS 400m	06:38.50	06:33.70	06:29.00	06:24.20	06:19.40	06:14.70	06:09.90	06:05.10	06:00.40	05:55.60	05:50.90	05:46.10	05:41.30	05:36.60	05:31.80	05:27.00	05:22.30	05:17.50	05:12.80	05:08.00
V	12	RS 50m	00:40.30	00:39.80	00:39.40	00:38.90	00:38.40	00:37.90	00:37.40	00:36.90	00:36.50	00:36.00	00:35.50	00:35.00	00:34.50	00:34.10	00:33.60	00:33.10	00:32.60	00:32.10	00:31.60	00:31.20
V	12	RS 100m	01:25.70	01:24.70	01:23.60	01:22.60	01:21.60	01:20.60	01:19.50	01:18.50	01:17.50	01:16.50	01:15.40	01:14.40	01:13.40	01:12.40	01:11.30	01:10.30	01:09.30	01:08.30	01:07.20	01:06.20
V	12	RS 200m	03:07.10	03:04.80	03:02.60	03:00.30	02:58.10	02:55.90	02:53.60	02:51.40	02:49.20	02:46.90	02:44.70	02:42.50	02:40.20	02:38.00	02:35.80	02:33.50	02:31.30	02:29.00	02:26.80	02:24.60
V	12	SS 50m	00:44.60	00:44.00	00:43.50	00:43.00	00:42.40	00:41.90	00:41.40	00:40.80	00:40.30	00:39.80	00:39.20	00:38.70	00:38.20	00:37.60	00:37.10	00:36.60	00:36.00	00:35.50	00:35.00	00:34.40
V	12	SS 100m	01:36.30	01:35.20	01:34.00	01:32.90	01:31.70	01:30.60	01:29.40	01:28.30	01:27.10	01:26.00	01:24.80	01:23.70	01:22.50	01:21.40	01:20.20	01:19.10	01:17.90	01:16.80	01:15.60	01:14.50
V	12	SS 200m	03:27.50	03:25.00	03:22.60	03:20.10	03:17.60	03:15.10	03:12.60	03:10.20	03:07.70	03:05.20	03:02.70	03:00.20	02:57.80	02:55.30	02:52.80	02:50.30	02:47.80	02:45.40	02:42.90	02:40.40
V	12	VL 50m	00:37.70	00:37.20	00:36.80	00:36.30	00:35.90	00:35.40	00:35.00	00:34.50	00:34.10	00:33.60	00:33.20	00:32.70	00:32.30	00:31.80	00:31.40	00:30.90	00:30.50	00:30.00	00:29.60	00:29.10
V	12	VL 100m	01:24.40	01:23.40	01:22.40	01:21.40	01:20.40	01:19.40	01:18.40	01:17.30	01:16.30	01:15.30	01:14.30	01:13.30	01:12.30	01:11.30	01:10.30	01:09.30	01:08.30	01:07.30	01:06.30	01:05.20
V	12	VL 200m	03:08.10	03:05.80	03:03.60	03:01.30	02:59.10	02:56.80	02:54.60	02:52.30	02:50.10	02:47.90	02:45.60	02:43.40	02:41.10	02:38.90	02:36.60	02:34.40	02:32.10	02:29.90	02:27.60	02:25.40
V	12	VS 50m	00:35.10	00:34.70	00:34.20	00:33.80	00:33.40	00:33.00	00:32.60	00:32.10	00:31.70	00:31.30	00:30.90	00:30.50	00:30.00	00:29.60	00:29.20	00:28.80	00:28.40	00:28.00	00:27.50	00:27.10
V	12	VS 100m	01:16.30	01:15.30	01:14.40	01:13.50	01:12.60	01:11.70	01:10.80	01:09.90	01:09.00	01:08.10	01:07.10	01:06.20	01:05.30	01:04.40	01:03.50	01:02.60	01:01.70	01:00.80	00:59.80	00:58.90
V	12	VS 200m	02:47.40	02:45.40	02:43.40	02:41.40	02:39.40	02:37.40	02:35.40	02:33.40	02:31.40	02:29.40	02:27.40	02:25.40	02:23.40	02:21.40	02:19.40	02:17.40	02:15.40	02:13.40	02:11.40	02:09.40
V	12	VS 400m	05:49.50	05:45.30	05:41.10	05:36.90	05:32.80	05:28.60	05:24.40	05:20.20	05:16.00	05:11.90	05:07.70	05:03.50	04:59.30	04:55.20	04:51.00	04:46.80	04:42.60	04:38.50	04:34.30	04:30.10
V	12	VS 800m	12:08.90	12:00.20	11:51.50	11:42.80	11:34.10	11:25.40	11:16.70	11:07.90	10:59.20	10:50.50	10:41.80	10:33.10	10:24.40	10:15.70	10:07.00	09:58.20	09:49.50	09:40.80	09:32.10	09:23.40
V	12	VS1500m	24:03.70	23:46.50	23:29.20	23:11.90	22:54.70	22:37.40	22:20.20	22:02.90	21:45.70	21:28.40	21:11.20	20:53.90	20:36.60	20:19.40	20:02.10	19:44.90	19:27.60	19:10.40	18:53.10	18:35.90
V	12	WS 200m	03:05.90	03:03.60	03:01.40	02:59.20	02:57.00	02:54.80	02:52.50	02:50.30	02:48.10	02:45.90	02:43.70	02:41.40	02:39.20	02:37.00	02:34.80	02:32.50	02:30.30	02:28.10	02:25.90	02:23.70
V	12	WS 400m	06:38.10	06:33.30	06:28.50	06:23.80	06:19.00	06:14.30	06:09.50	06:04.80	06:00.00	05:55.20	05:50.50	05:45.70	05:41.00	05:36.20	05:31.40	05:26.70	05:21.90	05:17.20	05:12.40	05:07.70

geslacht	leeftijd	stijl	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	13	RS 50m	00:37.10	00:36.70	00:36.20	00:35.80	00:35.40	00:34.90	00:34.50	00:34.00	00:33.60	00:33.10	00:32.70	00:32.30	00:31.80	00:31.40	00:30.90	00:30.50	00:30.00	00:29.60	00:29.10	00:28.70
M	13	RS 100m	01:19.70	01:18.80	01:17.80	01:16.90	01:15.90	01:15.00	01:14.00	01:13.10	01:12.10	01:11.20	01:10.20	01:09.30	01:08.30	01:07.40	01:06.40	01:05.40	01:04.50	01:03.50	01:02.60	01:01.60
M	13	RS 200m	02:53.80	02:51.80	02:49.70	02:47.60	02:45.50	02:43.40	02:41.40	02:39.30	02:37.20	02:35.10	02:33.10	02:31.00	02:28.90	02:26.80	02:24.70	02:22.70	02:20.60	02:18.50	02:16.40	02:14.40
M	13	SS 50m	00:40.80	00:40.30	00:39.80	00:39.30	00:38.80	00:38.40	00:37.90	00:37.40	00:36.90	00:36.40	00:35.90	00:35.40	00:34.90	00:34.50	00:34.00	00:33.50	00:33.00	00:32.50	00:32.00	00:31.50
M	13	SS 100m	01:29.00	01:28.00	01:26.90	01:25.80	01:24.80	01:23.70	01:22.60	01:21.60	01:20.50	01:19.50	01:18.40	01:17.30	01:16.30	01:15.20	01:14.10	01:13.10	01:12.00	01:10.90	01:09.90	01:08.80
M	13	SS 200m	03:15.40	03:13.10	03:10.70	03:08.40	03:06.10	03:03.70	03:01.40	02:59.00	02:56.70	02:54.40	02:52.00	02:49.70	02:47.40	02:45.00	02:42.70	02:40.40	02:38.00	02:35.70	02:33.40	02:31.00
M	13	VL 50m	00:34.80	00:34.40	00:33.90	00:33.50	00:33.10	00:32.70	00:32.30	00:31.90	00:31.40	00:31.00	00:30.60	00:30.20	00:29.80	00:29.40	00:29.00	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90
M	13	VL 100m	01:17.90	01:17.00	01:16.00	01:15.10	01:14.20	01:13.30	01:12.30	01:11.40	01:10.50	01:09.50	01:08.60	01:07.70	01:06.70	01:05.80	01:04.90	01:03.90	01:03.00	01:02.10	01:01.20	01:00.20
M	13	VL 200m	02:55.90	02:53.80	02:51.70	02:49.60	02:47.50	02:45.30	02:43.20	02:41.10	02:39.00	02:36.90	02:34.80	02:32.70	02:30.60	02:28.50	02:26.40	02:24.30	02:22.20	02:20.10	02:18.00	02:15.90
M	13	VS 50m	00:32.50	00:32.10	00:31.70	00:31.30	00:31.00	00:30.60	00:30.20	00:29.80	00:29.40	00:29.00	00:28.60	00:28.20	00:27.80	00:27.50	00:27.10	00:26.70	00:26.30	00:25.90	00:25.50	00:25.10
M	13	VS 100m	01:10.40	01:09.60	01:08.70	01:07.90	01:07.00	01:06.20	01:05.40	01:04.50	01:03.70	01:02.80	01:02.00	01:01.10	01:00.30	00:59.50	00:58.60	00:57.80	00:56.90	00:56.10	00:55.30	00:54.40
M	13	VS 200m	02:36.40	02:34.60	02:32.70	02:30.80	02:28.90	02:27.10	02:25.20	02:23.30	02:21.50	02:19.60	02:17.70	02:15.90	02:14.00	02:12.10	02:10.20	02:08.40	02:06.50	02:04.60	02:02.80	02:00.90
M	13	VS 400m	05:30.30	05:26.40	05:22.40	05:18.50	05:14.50	05:10.60	05:06.60	05:02.70	04:58.70	04:54.80	04:50.80	04:46.90	04:42.90	04:39.00	04:35.00	04:31.10	04:27.10	04:23.20	04:19.30	04:15.30
M	13	VS 800m	11:42.00	11:33.60	11:25.20	11:16.80	11:08.40	11:00.00	10:51.60	10:43.30	10:34.90	10:26.50	10:18.10	10:09.70	10:01.30	09:52.90	09:44.50	09:36.10	09:27.70	09:19.40	09:11.00	09:02.60
M	13	VS1500m	21:53.00	21:37.40	21:21.70	21:06.00	20:50.30	20:34.60	20:18.90	20:03.20	19:47.50	19:31.80	19:16.10	19:00.40	18:44.70	18:29.00	18:13.30	17:57.60	17:41.90	17:26.30	17:10.60	16:54.90
M	13	WS 200m	02:54.20	02:52.20	02:50.10	02:48.00	02:45.90	02:43.80	02:41.70	02:39.70	02:37.60	02:35.50	02:33.40	02:31.30	02:29.20	02:27.20	02:25.10	02:23.00	02:20.90	02:18.80	02:16.70	02:14.70
M	13	WS 400m	06:13.60	06:09.10	06:04.60	06:00.20	05:55.70	05:51.20	05:46.80	05:42.30	05:37.80	05:33.40	05:28.90	05:24.50	05:20.00	05:15.50	05:11.10	05:06.60	05:02.10	04:57.70	04:53.20	04:48.70
V	13	RS 50m	00:38.80	00:38.30	00:37.90	00:37.40	00:36.90	00:36.50	00:36.00	00:35.50	00:35.10	00:34.60	00:34.20	00:33.70	00:33.20	00:32.80	00:32.30	00:31.80	00:31.40	00:30.90	00:30.40	00:30.00
V	13	RS 100m	01:23.20	01:22.20	01:21.20	01:20.20	01:19.30	01:18.30	01:17.30	01:16.30	01:15.30	01:14.30	01:13.30	01:12.30	01:11.30	01:10.30	01:09.30	01:08.30	01:07.30	01:06.30	01:05.30	01:04.30
V	13	RS 200m	02:59.10	02:57.00	02:54.80	02:52.70	02:50.60	02:48.40	02:46.30	02:44.10	02:42.00	02:39.90	02:37.70	02:35.60	02:33.40	02:31.30	02:29.20	02:27.00	02:24.90	02:22.70	02:20.60	02:18.40
V	13	SS 50m	00:43.00	00:42.40	00:41.90	00:41.40	00:40.90	00:40.40	00:39.90	00:39.40	00:38.80	00:38.30	00:37.80	00:37.30	00:36.80	00:36.30	00:35.80	00:35.30	00:34.70	00:34.20	00:33.70	00:33.20
V	13	SS 100m	01:32.90	01:31.80	01:30.70	01:29.50	01:28.40	01:27.30	01:26.20	01:25.10	01:24.00	01:22.90	01:21.80	01:20.70	01:19.60	01:18.40	01:17.30	01:16.20	01:15.10	01:14.00	01:12.90	01:11.80
V	13	SS 200m	03:19.40	03:17.00	03:14.60	03:12.30	03:09.90	03:07.50	03:05.10	03:02.70	03:00.30	02:58.00	02:55.60	02:53.20	02:50.80	02:48.40	02:46.00	02:43.70	02:41.30	02:38.90	02:36.50	02:34.10
V	13	VL 50m	00:36.30	00:35.90	00:35.40	00:35.00	00:34.60	00:34.10	00:33.70	00:33.30	00:32.80	00:32.40	00:32.00	00:31.50	00:31.10	00:30.70	00:30.20	00:29.80	00:29.40	00:28.90	00:28.50	00:28.10
V	13	VL 100m	01:20.20	01:19.30	01:18.30	01:17.30	01:16.40	01:15.40	01:14.50	01:13.50	01:12.50	01:11.60	01:10.60	01:09.70	01:08.70	01:07.70	01:06.80	01:05.80	01:04.90	01:03.90	01:03.00	01:02.00
V	13	VL 200m	02:57.90	02:55.80	02:53.60	02:51.50	02:49.40	02:47.30	02:45.10	02:43.00	02:40.90	02:38.80	02:36.60	02:34.50	02:32.40	02:30.30	02:28.10	02:26.00	02:23.90	02:21.70	02:19.60	02:17.50
V	13	VS 50m	00:33.80	00:33.40	00:33.00	00:32.60	00:32.20	00:31.80	00:31.40	00:31.00	00:30.60	00:30.20	00:29.80	00:29.40	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90	00:26.50	00:26.10
V	13	VS 100m	01:13.50	01:12.70	01:11.80	01:10.90	01:10.00	01:09.10	01:08.30	01:07.40	01:06.50	01:05.60	01:04.80	01:03.90	01:03.00	01:02.10	01:01.20	01:00.40	00:59.50	00:58.60	00:57.70	00:56.80
V	13	VS 200m	02:38.80	02:36.90	02:35.00	02:33.10	02:31.20	02:29.30	02:27.40	02:25.50	02:23.60	02:21.70	02:19.90	02:18.00	02:16.10	02:14.20	02:12.30	02:10.40	02:08.50	02:06.60	02:04.70	02:02.80
V	13	VS 400m	05:35.40	05:31.40	05:27.40	05:23.40	05:19.40	05:15.40	05:11.40	05:07.40	05:03.30	04:59.30	04:55.30	04:51.30	04:47.30	04:43.30	04:39.30	04:35.30	04:31.30	04:27.30	04:23.30	04:19.20
V	13	VS 800m	11:42.80	11:34.40	11:26.00	11:17.60	11:09.20	11:00.80	10:52.40	10:44.00	10:35.60	10:27.20	10:18.80	10:10.40	10:02.00	09:53.60	09:45.20	09:36.80	09:28.40	09:20.00	09:11.60	09:03.20
V	13	VS1500m	22:48.60	22:32.20	22:15.90	21:59.50	21:43.20	21:26.80	21:10.40	20:54.10	20:37.70	20:21.40	20:05.00	19:48.70	19:32.30	19:15.90	18:59.60	18:43.20	18:26.90	18:10.50	17:54.20	17:37.80
V	13	WS 200m	03:00.50	02:58.40	02:56.20	02:54.10	02:51.90	02:49.80	02:47.60	02:45.40	02:43.30	02:41.10	02:39.00	02:36.80	02:34.60	02:32.50	02:30.30	02:28.20	02:26.00	02:23.90	02:21.70	02:19.50
V	13	WS 400m	06:23.40	06:18.80	06:14.20	06:09.60	06:05.10	06:00.50	05:55.90	05:51.30	05:46.70	05:42.20	05:37.60	05:33.00	05:28.40	05:23.80	05:19.20	05:14.70	05:10.10	05:05.50	05:00.90	04:56.30

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	14	RS 50m	00:35.80	00:35.40	00:35.00	00:34.50	00:34.10	00:33.70	00:33.30	00:32.80	00:32.40	00:32.00	00:31.50	00:31.10	00:30.70	00:30.30	00:29.80	00:29.40	00:29.00	00:28.50	00:28.10	00:27.70
M	14	RS 100m	01:17.20	01:16.20	01:15.30	01:14.40	01:13.50	01:12.50	01:11.60	01:10.70	01:09.80	01:08.90	01:07.90	01:07.00	01:06.10	01:05.20	01:04.20	01:03.30	01:02.40	01:01.50	01:00.60	00:59.60
M	14	RS 200m	02:47.00	02:45.00	02:43.00	02:41.00	02:39.00	02:37.00	02:35.00	02:33.00	02:31.00	02:29.00	02:27.00	02:25.00	02:23.00	02:21.00	02:19.00	02:17.10	02:15.10	02:13.10	02:11.10	02:09.10
M	14	SS 50m	00:39.40	00:38.90	00:38.50	00:38.00	00:37.50	00:37.10	00:36.60	00:36.10	00:35.60	00:35.20	00:34.70	00:34.20	00:33.80	00:33.30	00:32.80	00:32.40	00:31.90	00:31.40	00:30.90	00:30.50
M	14	SS 100m	01:25.70	01:24.60	01:23.60	01:22.60	01:21.60	01:20.50	01:19.50	01:18.50	01:17.50	01:16.40	01:15.40	01:14.40	01:13.40	01:12.30	01:11.30	01:10.30	01:09.30	01:08.30	01:07.20	01:06.20
M	14	SS 200m	03:04.80	03:02.60	03:00.40	02:58.20	02:56.00	02:53.80	02:51.60	02:49.40	02:47.20	02:45.00	02:42.70	02:40.50	02:38.30	02:36.10	02:33.90	02:31.70	02:29.50	02:27.30	02:25.10	02:22.90
M	14	VL 50m	00:33.50	00:33.10	00:32.70	00:32.30	00:31.90	00:31.50	00:31.10	00:30.70	00:30.30	00:29.90	00:29.50	00:29.10	00:28.70	00:28.30	00:27.90	00:27.50	00:27.10	00:26.70	00:26.30	00:25.90
M	14	VL 100m	01:13.80	01:13.00	01:12.10	01:11.20	01:10.30	01:09.40	01:08.50	01:07.70	01:06.80	01:05.90	01:05.00	01:04.10	01:03.20	01:02.40	01:01.50	01:00.60	00:59.70	00:58.80	00:57.90	00:57.10
M	14	VL 200m	02:46.30	02:44.40	02:42.40	02:40.40	02:38.40	02:36.40	02:34.40	02:32.40	02:30.40	02:28.50	02:26.50	02:24.50	02:22.50	02:20.50	02:18.50	02:16.50	02:14.50	02:12.50	02:10.60	02:08.60
M	14	VS 50m	00:31.40	00:31.10	00:30.70	00:30.30	00:29.90	00:29.60	00:29.20	00:28.80	00:28.40	00:28.10	00:27.70	00:27.30	00:26.90	00:26.60	00:26.20	00:25.80	00:25.40	00:25.10	00:24.70	00:24.30
M	14	VS 100m	01:08.40	01:07.50	01:06.70	01:05.90	01:05.10	01:04.30	01:03.50	01:02.60	01:01.80	01:01.00	01:00.20	00:59.40	00:58.60	00:57.70	00:56.90	00:56.10	00:55.30	00:54.50	00:53.70	00:52.80
M	14	VS 200m	02:30.00	02:28.20	02:26.40	02:24.60	02:22.80	02:21.00	02:19.20	02:17.50	02:15.70	02:13.90	02:12.10	02:10.30	02:08.50	02:06.70	02:04.90	02:03.10	02:01.30	01:59.50	01:57.70	01:55.90
M	14	VS 400m	05:17.20	05:13.40	05:09.60	05:05.80	05:02.00	04:58.20	04:54.40	04:50.60	04:46.90	04:43.10	04:39.30	04:35.50	04:31.70	04:27.90	04:24.10	04:20.30	04:16.50	04:12.70	04:08.90	04:05.20
M	14	VS 800m	11:12.30	11:04.30	10:56.20	10:48.20	10:40.20	10:32.10	10:24.10	10:16.10	10:08.00	10:00.00	09:52.00	09:43.90	09:35.90	09:27.90	09:19.80	09:11.80	09:03.70	08:55.70	08:47.70	08:39.60
M	14	VS1500m	20:59.50	20:44.40	20:29.40	20:14.30	19:59.30	19:44.20	19:29.20	19:14.10	18:59.10	18:44.00	18:29.00	18:13.90	17:58.80	17:43.80	17:28.70	17:13.70	16:58.60	16:43.60	16:28.50	16:13.50
M	14	WS 200m	02:48.50	02:46.50	02:44.50	02:42.50	02:40.40	02:38.40	02:36.40	02:34.40	02:32.40	02:30.40	02:28.40	02:26.40	02:24.30	02:22.30	02:20.30	02:18.30	02:16.30	02:14.30	02:12.30	02:10.20
M	14	WS 400m	05:59.00	05:54.70	05:50.40	05:46.10	05:41.80	05:37.50	05:33.20	05:29.00	05:24.70	05:20.40	05:16.10	05:11.80	05:07.50	05:03.20	04:58.90	04:54.60	04:50.30	04:46.10	04:41.80	04:37.50
V	14	RS 50m	00:38.30	00:37.80	00:37.40	00:36.90	00:36.50	00:36.00	00:35.60	00:35.10	00:34.60	00:34.20	00:33.70	00:33.30	00:32.80	00:32.40	00:31.90	00:31.40	00:31.00	00:30.50	00:30.10	00:29.60
V	14	RS 100m	01:20.90	01:20.00	01:19.00	01:18.00	01:17.10	01:16.10	01:15.10	01:14.20	01:13.20	01:12.20	01:11.30	01:10.30	01:09.30	01:08.40	01:07.40	01:06.40	01:05.50	01:04.50	01:03.50	01:02.60
V	14	RS 200m	02:54.30	02:52.20	02:50.10	02:48.10	02:46.00	02:43.90	02:41.80	02:39.70	02:37.60	02:35.60	02:33.50	02:31.40	02:29.30	02:27.20	02:25.10	02:23.10	02:21.00	02:18.90	02:16.80	02:14.70
V	14	SS 50m	00:42.30	00:41.80	00:41.30	00:40.80	00:40.30	00:39.80	00:39.30	00:38.80	00:38.30	00:37.80	00:37.20	00:36.70	00:36.20	00:35.70	00:35.20	00:34.70	00:34.20	00:33.70	00:33.20	00:32.70
V	14	SS 100m	01:31.30	01:30.20	01:29.10	01:28.00	01:26.90	01:25.80	01:24.70	01:23.60	01:22.60	01:21.50	01:20.40	01:19.30	01:18.20	01:17.10	01:16.00	01:14.90	01:13.80	01:12.70	01:11.60	01:10.60
V	14	SS 200m	03:16.50	03:14.20	03:11.80	03:09.50	03:07.20	03:04.80	03:02.50	03:00.10	02:57.80	02:55.40	02:53.10	02:50.70	02:48.40	02:46.00	02:43.70	02:41.30	02:39.00	02:36.60	02:34.30	02:31.90
V	14	VL 50m	00:35.50	00:35.10	00:34.70	00:34.20	00:33.80	00:33.40	00:33.00	00:32.50	00:32.10	00:31.70	00:31.30	00:30.80	00:30.40	00:30.00	00:29.60	00:29.10	00:28.70	00:28.30	00:27.90	00:27.40
V	14	VL 100m	01:18.00	01:17.10	01:16.20	01:15.30	01:14.30	01:13.40	01:12.50	01:11.50	01:10.60	01:09.70	01:08.70	01:07.80	01:06.90	01:05.90	01:05.00	01:04.10	01:03.10	01:02.20	01:01.30	01:00.30
V	14	VL 200m	02:53.20	02:51.20	02:49.10	02:47.00	02:45.00	02:42.90	02:40.80	02:38.70	02:36.70	02:34.60	02:32.50	02:30.50	02:28.40	02:26.30	02:24.30	02:22.20	02:20.10	02:18.00	02:16.00	02:13.90
V	14	VS 50m	00:33.30	00:32.90	00:32.50	00:32.10	00:31.70	00:31.30	00:30.90	00:30.50	00:30.10	00:29.70	00:29.30	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90	00:26.50	00:26.10	00:25.70
V	14	VS 100m	01:11.90	01:11.10	01:10.20	01:09.40	01:08.50	01:07.60	01:06.80	01:05.90	01:05.10	01:04.20	01:03.30	01:02.50	01:01.60	01:00.80	00:59.90	00:59.00	00:58.20	00:57.30	00:56.50	00:55.60
V	14	VS 200m	02:35.20	02:33.40	02:31.50	02:29.70	02:27.80	02:25.90	02:24.10	02:22.20	02:20.40	02:18.50	02:16.70	02:14.80	02:13.00	02:11.10	02:09.20	02:07.40	02:05.50	02:03.70	02:01.80	02:00.00
V	14	VS 400m	05:28.20	05:24.30	05:20.30	05:16.40	05:12.50	05:08.60	05:04.60	05:00.70	04:56.80	04:52.90	04:49.00	04:45.00	04:41.10	04:37.20	04:33.30	04:29.30	04:25.40	04:21.50	04:17.60	04:13.60
V	14	VS 800m	11:17.70	11:09.60	11:01.50	10:53.40	10:45.30	10:37.20	10:29.10	10:21.00	10:12.90	10:04.80	09:56.70	09:48.60	09:40.50	09:32.40	09:24.30	09:16.20	09:08.10	09:00.00	08:51.90	08:43.80
V	14	VS1500m	21:59.50	21:43.80	21:28.00	21:12.20	20:56.50	20:40.70	20:24.90	20:09.10	19:53.40	19:37.60	19:21.80	19:06.10	18:50.30	18:34.50	18:18.70	18:03.00	17:47.20	17:31.40	17:15.70	16:59.90
V	14	WS 200m	02:57.20	02:55.10	02:53.00	02:50.80	02:48.70	02:46.60	02:44.50	02:42.40	02:40.20	02:38.10	02:36.00	02:33.90	02:31.80	02:29.70	02:27.50	02:25.40	02:23.30	02:21.20	02:19.10	02:17.00
V	14	WS 400m	06:15.50	06:11.00	06:06.50	06:02.00	05:57.50	05:53.00	05:48.60	05:44.10	05:39.60	05:35.10	05:30.60	05:26.10	05:21.60	05:17.10	05:12.70	05:08.20	05:03.70	04:59.20	04:54.70	04:50.20

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	15	RS 50m	00:34.70	00:34.30	00:33.90	00:33.50	00:33.00	00:32.60	00:32.20	00:31.80	00:31.40	00:31.00	00:30.60	00:30.10	00:29.70	00:29.30	00:28.90	00:28.50	00:28.10	00:27.70	00:27.20	00:26.80
M	15	RS 100m	01:14.00	01:13.10	01:12.20	01:11.30	01:10.40	01:09.50	01:08.70	01:07.80	01:06.90	01:06.00	01:05.10	01:04.20	01:03.40	01:02.50	01:01.60	01:00.70	00:59.80	00:58.90	00:58.00	00:57.20
M	15	RS 200m	02:39.50	02:37.60	02:35.70	02:33.80	02:31.80	02:29.90	02:28.00	02:26.10	02:24.20	02:22.30	02:20.40	02:18.50	02:16.60	02:14.70	02:12.80	02:10.90	02:09.00	02:07.10	02:05.20	02:03.30
M	15	SS 50m	00:38.20	00:37.80	00:37.30	00:36.80	00:36.40	00:35.90	00:35.50	00:35.00	00:34.60	00:34.10	00:33.60	00:33.20	00:32.70	00:32.30	00:31.80	00:31.40	00:30.90	00:30.50	00:30.00	00:29.50
M	15	SS 100m	01:23.30	01:22.30	01:21.30	01:20.30	01:19.30	01:18.30	01:17.40	01:16.40	01:15.40	01:14.40	01:13.40	01:12.40	01:11.40	01:10.40	01:09.40	01:08.40	01:07.40	01:06.40	01:05.40	01:04.40
M	15	SS 200m	03:01.40	02:59.20	02:57.00	02:54.80	02:52.70	02:50.50	02:48.30	02:46.20	02:44.00	02:41.80	02:39.70	02:37.50	02:35.30	02:33.20	02:31.00	02:28.80	02:26.70	02:24.50	02:22.30	02:20.20
M	15	VL 50m	00:32.30	00:31.90	00:31.60	00:31.20	00:30.80	00:30.40	00:30.00	00:29.60	00:29.20	00:28.80	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90	00:26.50	00:26.10	00:25.80	00:25.40	00:25.00
M	15	VL 100m	01:12.40	01:11.60	01:10.70	01:09.80	01:09.00	01:08.10	01:07.20	01:06.40	01:05.50	01:04.70	01:03.80	01:02.90	01:02.10	01:01.20	01:00.30	00:59.50	00:58.60	00:57.70	00:56.90	00:56.00
M	15	VL 200m	02:42.30	02:40.40	02:38.40	02:36.50	02:34.50	02:32.60	02:30.70	02:28.70	02:26.80	02:24.80	02:22.90	02:21.00	02:19.00	02:17.10	02:15.10	02:13.20	02:11.30	02:09.30	02:07.40	02:05.40
M	15	VS 50m	00:30.40	00:30.00	00:29.60	00:29.30	00:28.90	00:28.60	00:28.20	00:27.80	00:27.50	00:27.10	00:26.70	00:26.40	00:26.00	00:25.70	00:25.30	00:24.90	00:24.60	00:24.20	00:23.80	00:23.50
M	15	VS 100m	01:06.60	01:05.80	01:05.00	01:04.20	01:03.40	01:02.60	01:01.80	01:01.00	01:00.20	00:59.50	00:58.70	00:57.90	00:57.10	00:56.30	00:55.50	00:54.70	00:53.90	00:53.10	00:52.30	00:51.50
M	15	VS 200m	02:24.90	02:23.10	02:21.40	02:19.70	02:17.90	02:16.20	02:14.50	02:12.70	02:11.00	02:09.30	02:07.50	02:05.80	02:04.10	02:02.40	02:00.60	01:58.90	01:57.20	01:55.40	01:53.70	01:52.00
M	15	VS 400m	05:09.70	05:06.00	05:02.30	04:58.60	04:54.90	04:51.20	04:47.50	04:43.80	04:40.10	04:36.40	04:32.70	04:29.00	04:25.30	04:21.60	04:17.90	04:14.20	04:10.50	04:06.80	04:03.10	03:59.40
M	15	VS 800m	10:51.20	10:43.40	10:35.60	10:27.80	10:20.00	10:12.20	10:04.50	09:56.70	09:48.90	09:41.10	09:33.30	09:25.50	09:17.80	09:10.00	09:02.20	08:54.40	08:46.60	08:38.80	08:31.10	08:23.30
M	15	VS1500m	20:49.70	20:34.70	20:19.80	20:04.90	19:49.90	19:35.00	19:20.00	19:05.10	18:50.20	18:35.20	18:20.30	18:05.40	17:50.40	17:35.50	17:20.60	17:05.60	16:50.70	16:35.70	16:20.80	16:05.90
M	15	WS 200m	02:43.70	02:41.70	02:39.80	02:37.80	02:35.80	02:33.90	02:31.90	02:30.00	02:28.00	02:26.10	02:24.10	02:22.20	02:20.20	02:18.20	02:16.30	02:14.30	02:12.40	02:10.40	02:08.50	02:06.50
M	15	WS 400m	05:47.60	05:43.40	05:39.20	05:35.10	05:30.90	05:26.80	05:22.60	05:18.50	05:14.30	05:10.20	05:06.00	05:01.90	04:57.70	04:53.60	04:49.40	04:45.20	04:41.10	04:36.90	04:32.80	04:28.60
V	15	RS 50m	00:37.50	00:37.00	00:36.60	00:36.10	00:35.70	00:35.20	00:34.80	00:34.40	00:33.90	00:33.50	00:33.00	00:32.60	00:32.10	00:31.70	00:31.20	00:30.80	00:30.30	00:29.90	00:29.40	00:29.00
V	15	RS 100m	01:20.30	01:19.40	01:18.40	01:17.50	01:16.50	01:15.50	01:14.60	01:13.60	01:12.70	01:11.70	01:10.70	01:09.80	01:08.80	01:07.90	01:06.90	01:05.90	01:05.00	01:04.00	01:03.10	01:02.10
V	15	RS 200m	02:51.50	02:49.50	02:47.40	02:45.40	02:43.30	02:41.30	02:39.20	02:37.20	02:35.10	02:33.10	02:31.00	02:29.00	02:26.90	02:24.90	02:22.80	02:20.80	02:18.70	02:16.70	02:14.60	02:12.60
V	15	SS 50m	00:41.60	00:41.10	00:40.60	00:40.10	00:39.60	00:39.10	00:38.60	00:38.10	00:37.60	00:37.10	00:36.60	00:36.10	00:35.60	00:35.20	00:34.70	00:34.20	00:33.70	00:33.20	00:32.70	00:32.20
V	15	SS 100m	01:29.70	01:28.70	01:27.60	01:26.50	01:25.40	01:24.40	01:23.30	01:22.20	01:21.10	01:20.10	01:19.00	01:17.90	01:16.90	01:15.80	01:14.70	01:13.60	01:12.60	01:11.50	01:10.40	01:09.40
V	15	SS 200m	03:13.40	03:11.00	03:08.70	03:06.40	03:04.10	03:01.80	02:59.50	02:57.20	02:54.90	02:52.60	02:50.20	02:47.90	02:45.60	02:43.30	02:41.00	02:38.70	02:36.40	02:34.10	02:31.80	02:29.40
V	15	VL 50m	00:34.80	00:34.30	00:33.90	00:33.50	00:33.10	00:32.70	00:32.30	00:31.90	00:31.40	00:31.00	00:30.60	00:30.20	00:29.80	00:29.40	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90
V	15	VL 100m	01:17.00	01:16.00	01:15.10	01:14.20	01:13.30	01:12.40	01:11.40	01:10.50	01:09.60	01:08.70	01:07.80	01:06.80	01:05.90	01:05.00	01:04.10	01:03.20	01:02.20	01:01.30	01:00.40	00:59.50
V	15	VL 200m	02:50.60	02:48.50	02:46.50	02:44.50	02:42.40	02:40.40	02:38.30	02:36.30	02:34.30	02:32.20	02:30.20	02:28.10	02:26.10	02:24.10	02:22.00	02:20.00	02:18.00	02:15.90	02:13.90	02:11.80
V	15	VS 50m	00:32.80	00:32.40	00:32.00	00:31.60	00:31.20	00:30.80	00:30.40	00:30.00	00:29.70	00:29.30	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90	00:26.50	00:26.10	00:25.70	00:25.30
V	15	VS 100m	01:10.70	01:09.80	01:09.00	01:08.10	01:07.30	01:06.50	01:05.60	01:04.80	01:03.90	01:03.10	01:02.20	01:01.40	01:00.50	00:59.70	00:58.90	00:58.00	00:57.20	00:56.30	00:55.50	00:54.60
V	15	VS 200m	02:33.00	02:31.10	02:29.30	02:27.50	02:25.70	02:23.80	02:22.00	02:20.20	02:18.30	02:16.50	02:14.70	02:12.90	02:11.00	02:09.20	02:07.40	02:05.50	02:03.70	02:01.90	02:00.10	01:58.20
V	15	VS 400m	05:23.90	05:20.00	05:16.10	05:12.30	05:08.40	05:04.50	05:00.60	04:56.80	04:52.90	04:49.00	04:45.20	04:41.30	04:37.40	04:33.60	04:29.70	04:25.80	04:21.90	04:18.10	04:14.20	04:10.30
V	15	VS 800m	11:08.60	11:00.60	10:52.60	10:44.60	10:36.60	10:28.60	10:20.60	10:12.60	10:04.70	09:56.70	09:48.70	09:40.70	09:32.70	09:24.70	09:16.70	09:08.70	09:00.70	08:52.70	08:44.70	08:36.80
V	15	VS1500m	21:29.30	21:13.90	20:58.40	20:43.00	20:27.60	20:12.20	19:56.80	19:41.40	19:26.00	19:10.60	18:55.20	18:39.80	18:24.30	18:08.90	17:53.50	17:38.10	17:22.70	17:07.30	16:51.90	16:36.50
V	15	WS 200m	02:54.10	02:52.00	02:49.90	02:47.80	02:45.70	02:43.70	02:41.60	02:39.50	02:37.40	02:35.30	02:33.30	02:31.20	02:29.10	02:27.00	02:24.90	02:22.90	02:20.80	02:18.70	02:16.60	02:14.50
V	15	WS 400m	06:08.30	06:03.90	05:59.50	05:55.10	05:50.70	05:46.30	05:41.90	05:37.40	05:33.00	05:28.60	05:24.20	05:19.80	05:15.40	05:11.00	05:06.60	05:02.20	04:57.80	04:53.40	04:49.00	04:44.60

geslacht	leeftijd	stijl	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	16	RS 50m	00:34.20	00:33.80	00:33.40	00:33.00	00:32.60	00:32.20	00:31.70	00:31.30	00:30.90	00:30.50	00:30.10	00:29.70	00:29.30	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.80	00:26.40
M	16	RS 100m	01:12.70	01:11.80	01:11.00	01:10.10	01:09.20	01:08.40	01:07.50	01:06.60	01:05.80	01:04.90	01:04.00	01:03.10	01:02.30	01:01.40	01:00.50	00:59.70	00:58.80	00:57.90	00:57.10	00:56.20
M	16	RS 200m	02:37.20	02:35.40	02:33.50	02:31.60	02:29.70	02:27.80	02:26.00	02:24.10	02:22.20	02:20.30	02:18.50	02:16.60	02:14.70	02:12.80	02:10.90	02:09.10	02:07.20	02:05.30	02:03.40	02:01.50
M	16	SS 50m	00:37.40	00:37.00	00:36.50	00:36.10	00:35.60	00:35.20	00:34.70	00:34.30	00:33.80	00:33.40	00:32.90	00:32.50	00:32.00	00:31.60	00:31.10	00:30.70	00:30.20	00:29.80	00:29.40	00:28.90
M	16	SS 100m	01:21.70	01:20.70	01:19.70	01:18.70	01:17.80	01:16.80	01:15.80	01:14.80	01:13.90	01:12.90	01:11.90	01:10.90	01:09.90	01:09.00	01:08.00	01:07.00	01:06.00	01:05.10	01:04.10	01:03.10
M	16	SS 200m	02:56.40	02:54.30	02:52.20	02:50.10	02:48.00	02:45.90	02:43.80	02:41.60	02:39.50	02:37.40	02:35.30	02:33.20	02:31.10	02:29.00	02:26.90	02:24.80	02:22.70	02:20.60	02:18.50	02:16.30
M	16	VL 50m	00:31.80	00:31.40	00:31.00	00:30.60	00:30.20	00:29.90	00:29.50	00:29.10	00:28.70	00:28.30	00:28.00	00:27.60	00:27.20	00:26.80	00:26.40	00:26.10	00:25.70	00:25.30	00:24.90	00:24.50
M	16	VL 100m	01:10.40	01:09.50	01:08.70	01:07.80	01:07.00	01:06.20	01:05.30	01:04.50	01:03.60	01:02.80	01:01.90	01:01.10	01:00.30	00:59.40	00:58.60	00:57.70	00:56.90	00:56.10	00:55.20	00:54.40
M	16	VL 200m	02:36.60	02:34.80	02:32.90	02:31.00	02:29.20	02:27.30	02:25.40	02:23.50	02:21.70	02:19.80	02:17.90	02:16.10	02:14.20	02:12.30	02:10.40	02:08.60	02:06.70	02:04.80	02:02.90	02:01.10
M	16	VS 50m	00:29.80	00:29.40	00:29.10	00:28.70	00:28.40	00:28.00	00:27.70	00:27.30	00:27.00	00:26.60	00:26.20	00:25.90	00:25.50	00:25.20	00:24.80	00:24.50	00:24.10	00:23.70	00:23.40	00:23.00
M	16	VS 100m	01:05.10	01:04.40	01:03.60	01:02.80	01:02.00	01:01.20	01:00.50	00:59.70	00:58.90	00:58.10	00:57.30	00:56.60	00:55.80	00:55.00	00:54.20	00:53.50	00:52.70	00:51.90	00:51.10	00:50.30
M	16	VS 200m	02:22.80	02:21.10	02:19.40	02:17.70	02:16.00	02:14.30	02:12.60	02:10.90	02:09.20	02:07.40	02:05.70	02:04.00	02:02.30	02:00.60	01:58.90	01:57.20	01:55.50	01:53.80	01:52.10	01:50.40
M	16	VS 400m	05:03.80	05:00.10	04:56.50	04:52.90	04:49.20	04:45.60	04:42.00	04:38.30	04:34.70	04:31.10	04:27.40	04:23.80	04:20.20	04:16.60	04:12.90	04:09.30	04:05.70	04:02.00	03:58.40	03:54.80
M	16	VS 800m	10:39.40	10:31.80	10:24.10	10:16.50	10:08.90	10:01.20	09:53.60	09:45.90	09:38.30	09:30.60	09:23.00	09:15.40	09:07.70	09:00.10	08:52.40	08:44.80	08:37.20	08:29.50	08:21.90	08:14.20
M	16	VS1500m	20:01.30	19:47.00	19:32.60	19:18.20	19:03.90	18:49.50	18:35.20	18:20.80	18:06.50	17:52.10	17:37.70	17:23.40	17:09.00	16:54.70	16:40.30	16:25.90	16:11.60	15:57.20	15:42.90	15:28.50
M	16	WS 200m	02:39.80	02:37.90	02:36.00	02:34.00	02:32.10	02:30.20	02:28.30	02:26.40	02:24.50	02:22.60	02:20.70	02:18.80	02:16.90	02:14.90	02:13.00	02:11.10	02:09.20	02:07.30	02:05.40	02:03.50
M	16	WS 400m	05:41.80	05:37.80	05:33.70	05:29.60	05:25.50	05:21.40	05:17.30	05:13.20	05:09.20	05:05.10	05:01.00	04:56.90	04:52.80	04:48.70	04:44.60	04:40.60	04:36.50	04:32.40	04:28.30	04:24.20
V	16	RS 50m	00:37.30	00:36.80	00:36.40	00:35.90	00:35.50	00:35.00	00:34.60	00:34.10	00:33.70	00:33.30	00:32.80	00:32.40	00:31.90	00:31.50	00:31.00	00:30.60	00:30.10	00:29.70	00:29.20	00:28.80
V	16	RS 100m	01:19.70	01:18.80	01:17.80	01:16.90	01:15.90	01:15.00	01:14.00	01:13.10	01:12.10	01:11.10	01:10.20	01:09.20	01:08.30	01:07.30	01:06.40	01:05.40	01:04.50	01:03.50	01:02.60	01:01.60
V	16	RS 200m	02:49.90	02:47.80	02:45.80	02:43.80	02:41.70	02:39.70	02:37.70	02:35.70	02:33.60	02:31.60	02:29.60	02:27.50	02:25.50	02:23.50	02:21.40	02:19.40	02:17.40	02:15.40	02:13.30	02:11.30
V	16	SS 50m	00:40.90	00:40.40	00:40.00	00:39.50	00:39.00	00:38.50	00:38.00	00:37.50	00:37.00	00:36.50	00:36.00	00:35.60	00:35.10	00:34.60	00:34.10	00:33.60	00:33.10	00:32.60	00:32.10	00:31.60
V	16	SS 100m	01:28.20	01:27.10	01:26.10	01:25.00	01:24.00	01:22.90	01:21.90	01:20.80	01:19.70	01:18.70	01:17.60	01:16.60	01:15.50	01:14.50	01:13.40	01:12.40	01:11.30	01:10.30	01:09.20	01:08.20
V	16	SS 200m	03:10.40	03:08.10	03:05.80	03:03.50	03:01.30	02:59.00	02:56.70	02:54.40	02:52.20	02:49.90	02:47.60	02:45.30	02:43.10	02:40.80	02:38.50	02:36.20	02:34.00	02:31.70	02:29.40	02:27.10
V	16	VL 50m	00:34.40	00:34.00	00:33.60	00:33.20	00:32.70	00:32.30	00:31.90	00:31.50	00:31.10	00:30.70	00:30.30	00:29.90	00:29.50	00:29.00	00:28.60	00:28.20	00:27.80	00:27.40	00:27.00	00:26.60
V	16	VL 100m	01:16.60	01:15.60	01:14.70	01:13.80	01:12.90	01:12.00	01:11.10	01:10.10	01:09.20	01:08.30	01:07.40	01:06.50	01:05.60	01:04.70	01:03.70	01:02.80	01:01.90	01:01.00	01:00.10	00:59.20
V	16	VL 200m	02:48.90	02:46.90	02:44.90	02:42.90	02:40.80	02:38.80	02:36.80	02:34.80	02:32.80	02:30.70	02:28.70	02:26.70	02:24.70	02:22.70	02:20.70	02:18.60	02:16.60	02:14.60	02:12.60	02:10.60
V	16	VS 50m	00:32.60	00:32.20	00:31.90	00:31.50	00:31.10	00:30.70	00:30.30	00:29.90	00:29.50	00:29.10	00:28.70	00:28.30	00:28.00	00:27.60	00:27.20	00:26.80	00:26.40	00:26.00	00:25.60	00:25.20
V	16	VS 100m	01:10.00	01:09.20	01:08.40	01:07.50	01:06.70	01:05.80	01:05.00	01:04.20	01:03.30	01:02.50	01:01.70	01:00.80	01:00.00	00:59.20	00:58.30	00:57.50	00:56.60	00:55.80	00:55.00	00:54.10
V	16	VS 200m	02:31.90	02:30.00	02:28.20	02:26.40	02:24.60	02:22.80	02:21.00	02:19.20	02:17.30	02:15.50	02:13.70	02:11.90	02:10.10	02:08.30	02:06.40	02:04.60	02:02.80	02:01.00	01:59.20	01:57.40
V	16	VS 400m	05:20.30	05:16.40	05:12.60	05:08.80	05:04.90	05:01.10	04:57.30	04:53.50	04:49.60	04:45.80	04:42.00	04:38.20	04:34.30	04:30.50	04:26.70	04:22.80	04:19.00	04:15.20	04:11.40	04:07.50
V	16	VS 800m	11:00.40	10:52.60	10:44.70	10:36.80	10:28.90	10:21.00	10:13.10	10:05.20	09:57.30	09:49.40	09:41.50	09:33.60	09:25.70	09:17.80	09:09.90	09:02.00	08:54.10	08:46.30	08:38.40	08:30.50
V	16	VS1500m	21:15.10	20:59.90	20:44.60	20:29.40	20:14.20	19:58.90	19:43.70	19:28.40	19:13.20	18:57.90	18:42.70	18:27.50	18:12.20	17:57.00	17:41.70	17:26.50	17:11.30	16:56.00	16:40.80	16:25.50
V	16	WS 200m	02:52.60	02:50.50	02:48.50	02:46.40	02:44.30	02:42.30	02:40.20	02:38.10	02:36.10	02:34.00	02:32.00	02:29.90	02:27.80	02:25.80	02:23.70	02:21.60	02:19.60	02:17.50	02:15.50	02:13.40
V	16	WS 400m	06:05.60	06:01.20	05:56.90	05:52.50	05:48.10	05:43.80	05:39.40	05:35.00	05:30.70	05:26.30	05:21.90	05:17.50	05:13.20	05:08.80	05:04.40	05:00.10	04:55.70	04:51.30	04:47.00	04:42.60

geslacht	leeftijd	stijl	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	17	RS 50m	00:33.80	00:33.40	00:33.00	00:32.60	00:32.20	00:31.80	00:31.40	00:31.00	00:30.60	00:30.20	00:29.80	00:29.40	00:29.00	00:28.60	00:28.20	00:27.80	00:27.40	00:26.90	00:26.50	00:26.10
M	17	RS 100m	01:11.90	01:11.00	01:10.20	01:09.30	01:08.50	01:07.60	01:06.70	01:05.90	01:05.00	01:04.20	01:03.30	01:02.40	01:01.60	01:00.70	00:59.90	00:59.00	00:58.20	00:57.30	00:56.40	00:55.60
M	17	RS 200m	02:35.20	02:33.30	02:31.40	02:29.60	02:27.70	02:25.90	02:24.00	02:22.20	02:20.30	02:18.50	02:16.60	02:14.80	02:12.90	02:11.00	02:09.20	02:07.30	02:05.50	02:03.60	02:01.80	01:59.90
M	17	SS 50m	00:36.70	00:36.30	00:35.90	00:35.40	00:35.00	00:34.50	00:34.10	00:33.70	00:33.20	00:32.80	00:32.30	00:31.90	00:31.50	00:31.00	00:30.60	00:30.10	00:29.70	00:29.30	00:28.80	00:28.40
M	17	SS 100m	01:20.40	01:19.40	01:18.50	01:17.50	01:16.60	01:15.60	01:14.60	01:13.70	01:12.70	01:11.80	01:10.80	01:09.80	01:08.90	01:07.90	01:07.00	01:06.00	01:05.00	01:04.10	01:03.10	01:02.10
M	17	SS 200m	02:52.90	02:50.90	02:48.80	02:46.70	02:44.70	02:42.60	02:40.50	02:38.50	02:36.40	02:34.30	02:32.30	02:30.20	02:28.10	02:26.10	02:24.00	02:21.90	02:19.90	02:17.80	02:15.70	02:13.70
M	17	VL 50m	00:31.30	00:30.90	00:30.50	00:30.10	00:29.80	00:29.40	00:29.00	00:28.60	00:28.30	00:27.90	00:27.50	00:27.20	00:26.80	00:26.40	00:26.00	00:25.70	00:25.30	00:24.90	00:24.50	00:24.20
M	17	VL 100m	01:09.20	01:08.40	01:07.50	01:06.70	01:05.90	01:05.10	01:04.20	01:03.40	01:02.60	01:01.80	01:00.90	01:00.10	00:59.30	00:58.40	00:57.60	00:56.80	00:56.00	00:55.10	00:54.30	00:53.50
M	17	VL 200m	02:34.50	02:32.70	02:30.80	02:29.00	02:27.10	02:25.30	02:23.40	02:21.60	02:19.70	02:17.90	02:16.00	02:14.20	02:12.30	02:10.50	02:08.70	02:06.80	02:05.00	02:03.10	02:01.30	01:59.40
M	17	VS 50m	00:29.40	00:29.00	00:28.70	00:28.30	00:28.00	00:27.60	00:27.30	00:26.90	00:26.60	00:26.20	00:25.90	00:25.50	00:25.20	00:24.80	00:24.50	00:24.10	00:23.80	00:23.40	00:23.00	00:22.70
M	17	VS 100m	01:04.20	01:03.40	01:02.70	01:01.90	01:01.10	01:00.40	00:59.60	00:58.80	00:58.10	00:57.30	00:56.50	00:55.80	00:55.00	00:54.20	00:53.50	00:52.70	00:51.90	00:51.20	00:50.40	00:49.60
M	17	VS 200m	02:20.60	02:18.90	02:17.20	02:15.60	02:13.90	02:12.20	02:10.50	02:08.80	02:07.20	02:05.50	02:03.80	02:02.10	02:00.40	01:58.80	01:57.10	01:55.40	01:53.70	01:52.00	01:50.30	01:48.70
M	17	VS 400m	04:58.20	04:54.60	04:51.10	04:47.50	04:43.90	04:40.40	04:36.80	04:33.20	04:29.70	04:26.10	04:22.60	04:19.00	04:15.40	04:11.90	04:08.30	04:04.70	04:01.20	03:57.60	03:54.00	03:50.50
M	17	VS 800m	10:27.40	10:19.90	10:12.40	10:04.90	09:57.40	09:49.90	09:42.40	09:34.90	09:27.40	09:19.90	09:12.40	09:04.90	08:57.40	08:49.90	08:42.40	08:34.90	08:27.40	08:19.90	08:12.40	08:04.90
M	17	VS1500m	19:48.40	19:34.20	19:20.00	19:05.80	18:51.60	18:37.40	18:23.20	18:09.00	17:54.80	17:40.60	17:26.40	17:12.20	16:58.00	16:43.80	16:29.50	16:15.30	16:01.10	15:46.90	15:32.70	15:18.50
M	17	WS 200m	02:37.70	02:35.90	02:34.00	02:32.10	02:30.20	02:28.30	02:26.40	02:24.60	02:22.70	02:20.80	02:18.90	02:17.00	02:15.10	02:13.20	02:11.40	02:09.50	02:07.60	02:05.70	02:03.80	02:01.90
M	17	WS 400m	05:36.30	05:32.30	05:28.30	05:24.30	05:20.30	05:16.20	05:12.20	05:08.20	05:04.20	05:00.20	04:56.10	04:52.10	04:48.10	04:44.10	04:40.10	04:36.00	04:32.00	04:28.00	04:24.00	04:20.00
V	17	RS 50m	00:36.90	00:36.50	00:36.10	00:35.60	00:35.20	00:34.70	00:34.30	00:33.80	00:33.40	00:33.00	00:32.50	00:32.10	00:31.60	00:31.20	00:30.80	00:30.30	00:29.90	00:29.40	00:29.00	00:28.50
V	17	RS 100m	01:19.10	01:18.10	01:17.20	01:16.20	01:15.30	01:14.30	01:13.40	01:12.40	01:11.50	01:10.60	01:09.60	01:08.70	01:07.70	01:06.80	01:05.80	01:04.90	01:03.90	01:03.00	01:02.00	01:01.10
V	17	RS 200m	02:49.40	02:47.40	02:45.40	02:43.40	02:41.30	02:39.30	02:37.30	02:35.30	02:33.20	02:31.20	02:29.20	02:27.20	02:25.10	02:23.10	02:21.10	02:19.10	02:17.00	02:15.00	02:13.00	02:11.00
V	17	SS 50m	00:40.50	00:40.10	00:39.60	00:39.10	00:38.60	00:38.10	00:37.60	00:37.10	00:36.70	00:36.20	00:35.70	00:35.20	00:34.70	00:34.20	00:33.80	00:33.30	00:32.80	00:32.30	00:31.80	00:31.30
V	17	SS 100m	01:27.60	01:26.60	01:25.50	01:24.50	01:23.40	01:22.40	01:21.30	01:20.30	01:19.20	01:18.20	01:17.10	01:16.10	01:15.00	01:14.00	01:12.90	01:11.90	01:10.80	01:09.80	01:08.80	01:07.70
V	17	SS 200m	03:09.50	03:07.20	03:05.00	03:02.70	03:00.40	02:58.20	02:55.90	02:53.60	02:51.40	02:49.10	02:46.90	02:44.60	02:42.30	02:40.10	02:37.80	02:35.50	02:33.30	02:31.00	02:28.70	02:26.50
V	17	VL 50m	00:34.00	00:33.60	00:33.20	00:32.80	00:32.40	00:32.00	00:31.60	00:31.20	00:30.80	00:30.40	00:29.90	00:29.50	00:29.10	00:28.70	00:28.30	00:27.90	00:27.50	00:27.10	00:26.70	00:26.30
V	17	VL 100m	01:15.90	01:15.00	01:14.10	01:13.20	01:12.30	01:11.40	01:10.50	01:09.60	01:08.70	01:07.80	01:06.90	01:05.90	01:05.00	01:04.10	01:03.20	01:02.30	01:01.40	01:00.50	00:59.60	00:58.70
V	17	VL 200m	02:47.50	02:45.50	02:43.50	02:41.50	02:39.50	02:37.50	02:35.50	02:33.50	02:31.50	02:29.50	02:27.50	02:25.50	02:23.50	02:21.50	02:19.50	02:17.50	02:15.50	02:13.50	02:11.50	02:09.50
V	17	VS 50m	00:32.30	00:31.90	00:31.50	00:31.10	00:30.70	00:30.30	00:29.90	00:29.60	00:29.20	00:28.80	00:28.40	00:28.00	00:27.60	00:27.20	00:26.90	00:26.50	00:26.10	00:25.70	00:25.30	00:24.90
V	17	VS 100m	01:09.30	01:08.40	01:07.60	01:06.80	01:06.00	01:05.10	01:04.30	01:03.50	01:02.60	01:01.80	01:01.00	01:00.20	00:59.30	00:58.50	00:57.70	00:56.90	00:56.00	00:55.20	00:54.40	00:53.50
V	17	VS 200m	02:31.20	02:29.40	02:27.60	02:25.80	02:24.00	02:22.20	02:20.40	02:18.60	02:16.80	02:15.00	02:13.10	02:11.30	02:09.50	02:07.70	02:05.90	02:04.10	02:02.30	02:00.50	01:58.70	01:56.90
V	17	VS 400m	05:19.00	05:15.20	05:11.40	05:07.50	05:03.70	04:59.90	04:56.10	04:52.30	04:48.50	04:44.70	04:40.90	04:37.00	04:33.20	04:29.40	04:25.60	04:21.80	04:18.00	04:14.20	04:10.40	04:06.50
V	17	VS 800m	10:55.10	10:47.30	10:39.40	10:31.60	10:23.80	10:16.00	10:08.10	10:00.30	09:52.50	09:44.60	09:36.80	09:29.00	09:21.10	09:13.30	09:05.50	08:57.70	08:49.80	08:42.00	08:34.20	08:26.30
V	17	VS1500m	21:07.50	20:52.40	20:37.20	20:22.10	20:06.90	19:51.80	19:36.60	19:21.50	19:06.30	18:51.20	18:36.00	18:20.90	18:05.70	17:50.60	17:35.40	17:20.30	17:05.10	16:50.00	16:34.80	16:19.70
V	17	WS 200m	02:51.60	02:49.60	02:47.50	02:45.50	02:43.40	02:41.40	02:39.30	02:37.30	02:35.20	02:33.20	02:31.10	02:29.10	02:27.00	02:25.00	02:22.90	02:20.90	02:18.80	02:16.80	02:14.70	02:12.70
V	17	WS 400m	06:04.00	05:59.60	05:55.30	05:50.90	05:46.60	05:42.20	05:37.90	05:33.50	05:29.20	05:24.80	05:20.50	05:16.10	05:11.80	05:07.40	05:03.10	04:58.70	04:54.40	04:50.00	04:45.70	04:41.30

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	18	RS 50m	00:33.10	00:32.70	00:32.30	00:31.90	00:31.50	00:31.10	00:30.70	00:30.30	00:30.00	00:29.60	00:29.20	00:28.80	00:28.40	00:28.00	00:27.60	00:27.20	00:26.80	00:26.40	00:26.00	00:25.60
M	18	RS 100m	01:11.00	01:10.10	01:09.30	01:08.40	01:07.60	01:06.70	01:05.90	01:05.00	01:04.20	01:03.30	01:02.50	01:01.60	01:00.80	00:59.90	00:59.10	00:58.20	00:57.40	00:56.50	00:55.70	00:54.80
M	18	RS 200m	02:33.20	02:31.40	02:29.60	02:27.70	02:25.90	02:24.10	02:22.20	02:20.40	02:18.60	02:16.70	02:14.90	02:13.10	02:11.20	02:09.40	02:07.60	02:05.70	02:03.90	02:02.10	02:00.30	01:58.40
M	18	SS 50m	00:36.20	00:35.80	00:35.30	00:34.90	00:34.50	00:34.00	00:33.60	00:33.20	00:32.70	00:32.30	00:31.90	00:31.40	00:31.00	00:30.60	00:30.10	00:29.70	00:29.30	00:28.80	00:28.40	00:28.00
M	18	SS 100m	01:18.70	01:17.80	01:16.80	01:15.90	01:14.90	01:14.00	01:13.10	01:12.10	01:11.20	01:10.20	01:09.30	01:08.40	01:07.40	01:06.50	01:05.50	01:04.60	01:03.70	01:02.70	01:01.80	01:00.80
M	18	SS 200m	02:51.80	02:49.70	02:47.70	02:45.60	02:43.60	02:41.50	02:39.50	02:37.40	02:35.40	02:33.30	02:31.30	02:29.20	02:27.20	02:25.10	02:23.10	02:21.00	02:18.90	02:16.90	02:14.80	02:12.80
M	18	VL 50m	00:30.80	00:30.50	00:30.10	00:29.70	00:29.30	00:29.00	00:28.60	00:28.20	00:27.90	00:27.50	00:27.10	00:26.80	00:26.40	00:26.00	00:25.70	00:25.30	00:24.90	00:24.60	00:24.20	00:23.80
M	18	VL 100m	01:08.20	01:07.40	01:06.60	01:05.80	01:05.00	01:04.20	01:03.40	01:02.50	01:01.70	01:00.90	01:00.10	00:59.30	00:58.50	00:57.60	00:56.80	00:56.00	00:55.20	00:54.40	00:53.60	00:52.70
M	18	VL 200m	02:32.90	02:31.10	02:29.30	02:27.40	02:25.60	02:23.80	02:22.00	02:20.10	02:18.30	02:16.50	02:14.70	02:12.80	02:11.00	02:09.20	02:07.30	02:05.50	02:03.70	02:01.90	02:00.00	01:58.20
M	18	VS 50m	00:29.00	00:28.70	00:28.30	00:28.00	00:27.60	00:27.30	00:26.90	00:26.60	00:26.30	00:25.90	00:25.60	00:25.20	00:24.90	00:24.50	00:24.20	00:23.80	00:23.50	00:23.10	00:22.80	00:22.40
M	18	VS 100m	01:03.20	01:02.40	01:01.70	01:00.90	01:00.20	00:59.40	00:58.70	00:57.90	00:57.20	00:56.40	00:55.70	00:54.90	00:54.10	00:53.40	00:52.60	00:51.90	00:51.10	00:50.40	00:49.60	00:48.90
M	18	VS 200m	02:18.20	02:16.60	02:14.90	02:13.30	02:11.60	02:10.00	02:08.30	02:06.70	02:05.00	02:03.40	02:01.70	02:00.00	01:58.40	01:56.70	01:55.10	01:53.40	01:51.80	01:50.10	01:48.50	01:46.80
M	18	VS 400m	04:54.10	04:50.60	04:47.10	04:43.60	04:40.00	04:36.50	04:33.00	04:29.50	04:26.00	04:22.50	04:18.90	04:15.40	04:11.90	04:08.40	04:04.90	04:01.40	03:57.90	03:54.30	03:50.80	03:47.30
M	18	VS 800m	10:17.30	10:09.90	10:02.50	09:55.10	09:47.80	09:40.40	09:33.00	09:25.60	09:18.30	09:10.90	09:03.50	08:56.10	08:48.70	08:41.40	08:34.00	08:26.60	08:19.20	08:11.90	08:04.50	07:57.10
M	18	VS1500m	19:30.90	19:16.90	19:02.90	18:48.90	18:34.90	18:20.90	18:06.90	17:52.90	17:38.90	17:25.00	17:11.00	16:57.00	16:43.00	16:29.00	16:15.00	16:01.00	15:47.00	15:33.00	15:19.00	15:05.00
M	18	WS 200m	02:35.00	02:33.20	02:31.30	02:29.50	02:27.60	02:25.70	02:23.90	02:22.00	02:20.20	02:18.30	02:16.50	02:14.60	02:12.80	02:10.90	02:09.10	02:07.20	02:05.40	02:03.50	02:01.70	01:59.80
M	18	WS 400m	05:35.30	05:31.30	05:27.30	05:23.30	05:19.30	05:15.30	05:11.30	05:07.20	05:03.20	04:59.20	04:55.20	04:51.20	04:47.20	04:43.20	04:39.20	04:35.20	04:31.20	04:27.20	04:23.20	04:19.20
V	18	RS 50m	00:36.60	00:36.20	00:35.80	00:35.30	00:34.90	00:34.50	00:34.00	00:33.60	00:33.10	00:32.70	00:32.30	00:31.80	00:31.40	00:31.00	00:30.50	00:30.10	00:29.60	00:29.20	00:28.80	00:28.30
V	18	RS 100m	01:18.70	01:17.70	01:16.80	01:15.90	01:14.90	01:14.00	01:13.00	01:12.10	01:11.20	01:10.20	01:09.30	01:08.30	01:07.40	01:06.50	01:05.50	01:04.60	01:03.60	01:02.70	01:01.80	01:00.80
V	18	RS 200m	02:48.80	02:46.80	02:44.80	02:42.80	02:40.70	02:38.70	02:36.70	02:34.70	02:32.70	02:30.70	02:28.60	02:26.60	02:24.60	02:22.60	02:20.60	02:18.60	02:16.50	02:14.50	02:12.50	02:10.50
V	18	SS 50m	00:40.20	00:39.70	00:39.20	00:38.70	00:38.20	00:37.80	00:37.30	00:36.80	00:36.30	00:35.80	00:35.40	00:34.90	00:34.40	00:33.90	00:33.40	00:33.00	00:32.50	00:32.00	00:31.50	00:31.00
V	18	SS 100m	01:27.20	01:26.20	01:25.10	01:24.10	01:23.10	01:22.00	01:21.00	01:19.90	01:18.90	01:17.80	01:16.80	01:15.80	01:14.70	01:13.70	01:12.60	01:11.60	01:10.50	01:09.50	01:08.50	01:07.40
V	18	SS 200m	03:08.30	03:06.00	03:03.80	03:01.50	02:59.30	02:57.00	02:54.80	02:52.50	02:50.30	02:48.00	02:45.80	02:43.50	02:41.30	02:39.00	02:36.80	02:34.50	02:32.30	02:30.00	02:27.80	02:25.50
V	18	VL 50m	00:33.90	00:33.50	00:33.10	00:32.70	00:32.30	00:31.90	00:31.50	00:31.10	00:30.60	00:30.20	00:29.80	00:29.40	00:29.00	00:28.60	00:28.20	00:27.80	00:27.40	00:27.00	00:26.60	00:26.20
V	18	VL 100m	01:15.30	01:14.40	01:13.50	01:12.60	01:11.70	01:10.80	01:09.90	01:09.00	01:08.10	01:07.20	01:06.30	01:05.40	01:04.50	01:03.60	01:02.70	01:01.80	01:00.90	01:00.00	00:59.10	00:58.20
V	18	VL 200m	02:46.30	02:44.30	02:42.30	02:40.30	02:38.30	02:36.40	02:34.40	02:32.40	02:30.40	02:28.40	02:26.40	02:24.40	02:22.40	02:20.50	02:18.50	02:16.50	02:14.50	02:12.50	02:10.50	02:08.50
V	18	VS 50m	00:32.00	00:31.60	00:31.20	00:30.90	00:30.50	00:30.10	00:29.70	00:29.30	00:28.90	00:28.60	00:28.20	00:27.80	00:27.40	00:27.00	00:26.60	00:26.30	00:25.90	00:25.50	00:25.10	00:24.70
V	18	VS 100m	01:08.80	01:07.90	01:07.10	01:06.30	01:05.50	01:04.70	01:03.80	01:03.00	01:02.20	01:01.40	01:00.60	00:59.70	00:58.90	00:58.10	00:57.30	00:56.40	00:55.60	00:54.80	00:54.00	00:53.20
V	18	VS 200m	02:30.60	02:28.80	02:27.00	02:25.20	02:23.40	02:21.60	02:19.80	02:18.00	02:16.20	02:14.40	02:12.60	02:10.80	02:09.00	02:07.20	02:05.40	02:03.60	02:01.80	02:00.00	01:58.20	01:56.40
V	18	VS 400m	05:18.10	05:14.30	05:10.50	05:06.70	05:02.90	04:59.10	04:55.30	04:51.50	04:47.70	04:43.90	04:40.10	04:36.30	04:32.50	04:28.70	04:24.90	04:21.10	04:17.30	04:13.50	04:09.70	04:05.90
V	18	VS 800m	10:47.60	10:39.80	10:32.10	10:24.30	10:16.60	10:08.90	10:01.10	09:53.40	09:45.60	09:37.90	09:30.20	09:22.40	09:14.70	09:06.90	08:59.20	08:51.50	08:43.70	08:36.00	08:28.20	08:20.50
V	18	VS1500m	21:01.30	20:46.20	20:31.10	20:16.00	20:01.00	19:45.90	19:30.80	19:15.70	19:00.70	18:45.60	18:30.50	18:15.40	18:00.40	17:45.30	17:30.20	17:15.10	17:00.10	16:45.00	16:29.90	16:14.80
V	18	WS 200m	02:50.90	02:48.90	02:46.80	02:44.80	02:42.80	02:40.70	02:38.70	02:36.60	02:34.60	02:32.50	02:30.50	02:28.50	02:26.40	02:24.40	02:22.30	02:20.30	02:18.20	02:16.20	02:14.20	02:12.10
V	18	WS 400m	06:01.50	05:57.10	05:52.80	05:48.50	05:44.20	05:39.90	05:35.50	05:31.20	05:26.90	05:22.60	05:18.30	05:13.90	05:09.60	05:05.30	05:01.00	04:56.70	04:52.30	04:48.00	04:43.70	04:39.40

geslacht	leeftijd	stijl	leeftijd																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
M	99	RS 50m	00:31.80	00:31.40	00:31.00	00:30.60	00:30.20	00:29.90	00:29.50	00:29.10	00:28.70	00:28.30	00:28.00	00:27.60	00:27.20	00:26.80	00:26.40	00:26.10	00:25.70	00:25.30	00:24.90	00:24.50
M	99	RS 100m	01:08.40	01:07.60	01:06.80	01:06.00	01:05.10	01:04.30	01:03.50	01:02.70	01:01.90	01:01.00	01:00.20	00:59.40	00:58.60	00:57.80	00:57.00	00:56.10	00:55.30	00:54.50	00:53.70	00:52.90
M	99	RS 200m	02:28.90	02:27.10	02:25.30	02:23.60	02:21.80	02:20.00	02:18.20	02:16.40	02:14.70	02:12.90	02:11.10	02:09.30	02:07.50	02:05.80	02:04.00	02:02.20	02:00.40	01:58.60	01:56.90	01:55.10
M	99	SS 50m	00:34.90	00:34.50	00:34.10	00:33.70	00:33.30	00:32.80	00:32.40	00:32.00	00:31.60	00:31.20	00:30.80	00:30.30	00:29.90	00:29.50	00:29.10	00:28.70	00:28.20	00:27.80	00:27.40	00:27.00
M	99	SS 100m	01:16.60	01:15.70	01:14.70	01:13.80	01:12.90	01:12.00	01:11.10	01:10.20	01:09.20	01:08.30	01:07.40	01:06.50	01:05.60	01:04.70	01:03.80	01:02.80	01:01.90	01:01.00	01:00.10	00:59.20
M	99	SS 200m	02:46.50	02:44.60	02:42.60	02:40.60	02:38.60	02:36.60	02:34.60	02:32.60	02:30.60	02:28.60	02:26.60	02:24.60	02:22.70	02:20.70	02:18.70	02:16.70	02:14.70	02:12.70	02:10.70	02:08.70
M	99	VL 50m	00:29.90	00:29.60	00:29.20	00:28.80	00:28.50	00:28.10	00:27.80	00:27.40	00:27.10	00:26.70	00:26.30	00:26.00	00:25.60	00:25.30	00:24.90	00:24.60	00:24.20	00:23.80	00:23.50	00:23.10
M	99	VL 100m	01:06.10	01:05.30	01:04.50	01:03.70	01:02.90	01:02.10	01:01.30	01:00.50	00:59.70	00:59.00	00:58.20	00:57.40	00:56.60	00:55.80	00:55.00	00:54.20	00:53.40	00:52.60	00:51.80	00:51.10
M	99	VL 200m	02:28.50	02:26.70	02:24.90	02:23.10	02:21.40	02:19.60	02:17.80	02:16.00	02:14.30	02:12.50	02:10.70	02:08.90	02:07.20	02:05.40	02:03.60	02:01.80	02:00.10	01:58.30	01:56.50	01:54.70
M	99	VS 50m	00:28.10	00:27.80	00:27.40	00:27.10	00:26.80	00:26.40	00:26.10	00:25.80	00:25.40	00:25.10	00:24.80	00:24.40	00:24.10	00:23.70	00:23.40	00:23.10	00:22.70	00:22.40	00:22.10	00:21.70
M	99	VS 100m	01:01.60	01:00.80	01:00.10	00:59.40	00:58.60	00:57.90	00:57.20	00:56.40	00:55.70	00:55.00	00:54.20	00:53.50	00:52.80	00:52.00	00:51.30	00:50.50	00:49.80	00:49.10	00:48.30	00:47.60
M	99	VS 200m	02:15.20	02:13.50	02:11.90	02:10.30	02:08.70	02:07.10	02:05.50	02:03.80	02:02.20	02:00.60	01:59.00	01:57.40	01:55.80	01:54.20	01:52.50	01:50.90	01:49.30	01:47.70	01:46.10	01:44.50
M	99	VS 400m	04:46.50	04:43.00	04:39.60	04:36.20	04:32.80	04:29.40	04:25.90	04:22.50	04:19.10	04:15.70	04:12.20	04:08.80	04:05.40	04:02.00	03:58.50	03:55.10	03:51.70	03:48.30	03:44.80	03:41.40
M	99	VS 800m	09:55.90	09:48.80	09:41.70	09:34.60	09:27.40	09:20.30	09:13.20	09:06.10	08:59.00	08:51.80	08:44.70	08:37.60	08:30.50	08:23.30	08:16.20	08:09.10	08:02.00	07:54.80	07:47.70	07:40.60
M	99	VS1500m	19:00.10	18:46.50	18:32.90	18:19.20	18:05.60	17:52.00	17:38.40	17:24.70	17:11.10	16:57.50	16:43.80	16:30.20	16:16.60	16:03.00	15:49.30	15:35.70	15:22.10	15:08.50	14:54.80	14:41.20
M	99	WS 200m	02:32.00	02:30.20	02:28.30	02:26.50	02:24.70	02:22.90	02:21.10	02:19.30	02:17.40	02:15.60	02:13.80	02:12.00	02:10.20	02:08.40	02:06.50	02:04.70	02:02.90	02:01.10	01:59.30	01:57.50
M	99	WS 400m	05:25.50	05:21.60	05:17.80	05:13.90	05:10.00	05:06.10	05:02.20	04:58.30	04:54.40	04:50.50	04:46.60	04:42.70	04:38.80	04:35.00	04:31.10	04:27.20	04:23.30	04:19.40	04:15.50	04:11.60
V	99	RS 50m	00:35.90	00:35.50	00:35.10	00:34.60	00:34.20	00:33.80	00:33.30	00:32.90	00:32.50	00:32.10	00:31.60	00:31.20	00:30.80	00:30.30	00:29.90	00:29.50	00:29.00	00:28.60	00:28.20	00:27.80
V	99	RS 100m	01:16.80	01:15.90	01:15.00	01:14.10	01:13.20	01:12.20	01:11.30	01:10.40	01:09.50	01:08.60	01:07.60	01:06.70	01:05.80	01:04.90	01:04.00	01:03.10	01:02.10	01:01.20	01:00.30	00:59.40
V	99	RS 200m	02:45.00	02:43.00	02:41.10	02:39.10	02:37.10	02:35.10	02:33.20	02:31.20	02:29.20	02:27.30	02:25.30	02:23.30	02:21.30	02:19.40	02:17.40	02:15.40	02:13.40	02:11.50	02:09.50	02:07.50
V	99	SS 50m	00:39.50	00:39.00	00:38.60	00:38.10	00:37.60	00:37.10	00:36.70	00:36.20	00:35.70	00:35.20	00:34.80	00:34.30	00:33.80	00:33.40	00:32.90	00:32.40	00:31.90	00:31.50	00:31.00	00:30.50
V	99	SS 100m	01:25.70	01:24.70	01:23.70	01:22.60	01:21.60	01:20.60	01:19.60	01:18.50	01:17.50	01:16.50	01:15.50	01:14.40	01:13.40	01:12.40	01:11.40	01:10.30	01:09.30	01:08.30	01:07.30	01:06.20
V	99	SS 200m	03:04.90	03:02.70	03:00.50	02:58.30	02:56.00	02:53.80	02:51.60	02:49.40	02:47.20	02:45.00	02:42.80	02:40.60	02:38.40	02:36.20	02:33.90	02:31.70	02:29.50	02:27.30	02:25.10	02:22.90
V	99	VL 50m	00:33.80	00:33.40	00:33.00	00:32.60	00:32.20	00:31.80	00:31.40	00:30.90	00:30.50	00:30.10	00:29.70	00:29.30	00:28.90	00:28.50	00:28.10	00:27.70	00:27.30	00:26.90	00:26.50	00:26.10
V	99	VL 100m	01:14.30	01:13.40	01:12.50	01:11.60	01:10.70	01:09.90	01:09.00	01:08.10	01:07.20	01:06.30	01:05.40	01:04.50	01:03.60	01:02.80	01:01.90	01:01.00	01:00.10	00:59.20	00:58.30	00:57.40
V	99	VL 200m	02:44.00	02:42.00	02:40.10	02:38.10	02:36.10	02:34.20	02:32.20	02:30.30	02:28.30	02:26.30	02:24.40	02:22.40	02:20.50	02:18.50	02:16.50	02:14.60	02:12.60	02:10.70	02:08.70	02:06.70
V	99	VS 50m	00:31.40	00:31.00	00:30.70	00:30.30	00:29.90	00:29.50	00:29.20	00:28.80	00:28.40	00:28.00	00:27.70	00:27.30	00:26.90	00:26.50	00:26.20	00:25.80	00:25.40	00:25.00	00:24.70	00:24.30
V	99	VS 100m	01:08.00	01:07.20	01:06.40	01:05.60	01:04.80	01:03.90	01:03.10	01:02.30	01:01.50	01:00.70	00:59.90	00:59.10	00:58.30	00:57.40	00:56.60	00:55.80	00:55.00	00:54.20	00:53.40	00:52.60
V	99	VS 200m	02:25.80	02:24.10	02:22.40	02:20.60	02:18.90	02:17.10	02:15.40	02:13.60	02:11.90	02:10.20	02:08.40	02:06.70	02:04.90	02:03.20	02:01.40	01:59.70	01:58.00	01:56.20	01:54.50	01:52.70
V	99	VS 400m	05:12.70	05:09.00	05:05.30	05:01.50	04:57.80	04:54.10	04:50.30	04:46.60	04:42.80	04:39.10	04:35.40	04:31.60	04:27.90	04:24.10	04:20.40	04:16.70	04:12.90	04:09.20	04:05.50	04:01.70
V	99	VS 800m	10:41.20	10:33.50	10:25.90	10:18.20	10:10.50	10:02.90	09:55.20	09:47.50	09:39.90	09:32.20	09:24.50	09:16.90	09:09.20	09:01.60	08:53.90	08:46.20	08:38.60	08:30.90	08:23.20	08:15.60
V	99	VS1500m	20:44.90	20:30.00	20:15.10	20:00.20	19:45.40	19:30.50	19:15.60	19:00.70	18:45.80	18:31.00	18:16.10	18:01.20	17:46.30	17:31.40	17:16.60	17:01.70	16:46.80	16:31.90	16:17.00	16:02.20
V	99	WS 200m	02:48.60	02:46.60	02:44.60	02:42.60	02:40.60	02:38.60	02:36.50	02:34.50	02:32.50	02:30.50	02:28.50	02:26.50	02:24.40	02:22.40	02:20.40	02:18.40	02:16.40	02:14.40	02:12.30	02:10.30
V	99	WS 400m	05:56.90	05:52.60	05:48.30	05:44.10	05:39.80	05:35.50	05:31.30	05:27.00	05:22.70	05:18.50	05:14.20	05:10.00	05:05.70	05:01.40	04:57.20	04:52.90	04:48.60	04:44.40	04:40.10	04:35.80